




ઓશવાળ
સમાચાર

OSHWAL news

April 2021 Edition

 www.oshwal.co.uk

 www.facebook.com/oshwaluk

 www.twitter.com/oshwal_uk





award winning superfood



natural protection



small in size ... big in goodness



food supplement



queen of oils



a source of vitamin E



blessed seed oil



essential oils



versatile cooking



natural massage oil



a super ... superfood oil



rich in flavour and aroma



Niharti Oils,
as Natural as
you

find us in your
local store



Pranam

I very much hope you are well and safe. It has been over 12 months since the Covid-19 virus arrived from

Wuhan, China. The impact of measures put in place here and around the world has transformed the lives of all our members young and old. We have lost many loved ones in our community; they will be missed very much. Our heartfelt condolences go to everyone.

Om Shanti, Om Shanti, Om Shanti

The whole world has changed in just 12 months and it looks like we will all have to adjust our lives in some way, let us pray and hope that good times return – It is very important that we stay safe and be healthy, our 'family' is most important in these difficult times. Although it is sad we all can't be together at Oshwal community halls across the country, it is encouraging to see members of the community utilising technology to continue to connect with family and friends. Please do reach out to members of the community that may need help in taking advantage of the technology available to connect with others.

Everyone from OAUk has been busy doing excellent work in all the departments. They have entertained us, kept us informed, arranged many online events, kept our website fully updated, and much much more. My special thanks to all the members of every team in these difficult times, it takes a lot of time and hard work to manage a large organization like ours.

Whilst at home many people have started to learn new skills or renew their passion for hobbies once forgotten. It is inspiring to see so many members of the Oshwal community joining many of the online activities and classes. I have myself enrolled onto the Gujarati Adult Class – this online class is run by Rekhaben & Nitaben. Full details of the class and other events can be found on our website and in this magazine.

Membership of OAUk - we have found that many people are still non-members – please let us know what could encourage you to become a member? OAUk continues to evolve and we would love to hear from you. I urge you to become a life member as soon as possible - again please write to me and I will send you the forms.

Thanks to our members for being so supportive and giving generously – all the donations are greatly appreciated and go a long way whilst hall hire is not possible. I end this note by wishing you a wonderful summer – make the most of it with your family and friends.

Jai Oshwal

Sudhir Meghji Shah, Trustee and Editor of Oshwal News

sudhir.m.shah@oshwal.org 07785 710914

Editor's Message & Content	1
President's Message	3

Area News & Reports

West Area	34
Northampton Area	41
South Area	45
North East Area	47
North West Area	50
North Area	57
Luton Area	60
Leicester Area	62
East Area	64

Articles Index

OAUk Properties	5
Donation Form	9
LOCKDOWN by Shardaben	10
Important Dates - Religion	12
Essay Competition	14
Gujarati Education	18
Rajesh Shah & his amazing book	24
Life as a Volunteer	25
A little truly goes a long way	26
Inspiring Grandma	27
News Flash	28
National Awards	29
Women Cycling Group	29
The Jai Jais	31
Advertising Rates	72
General Information	73

Please forward your adverts to:

OshwalNews@Oshwal.org

All other articles and reports to:

Sudhir.M.Shah@Oshwal.org

Pictures must be very high quality in Jpeg files

Articles from members should be max one page

Printer's Note: Paper used is from well-managed/sustainably managed forests.

The Editor nor Oshwal Association of the U.K. is not in anyway responsible for the goods and services rendered by its Advertisers. The Oshwal Association of the U.K. accepts all advertisements in good faith and it is entirely up to readers to verify Advertisers products and services should they feel the need to do so. If you have any complaints about the products or services offered by our advertisers please send me a note.

OSHWAL NEWS is the magazine of the OSHWAL ASSOCIATION OF THE U.K.

All articles, text and pictures © Oshwal Association of the U.K.

Reg. Office: Coopers Lane Road, Northaw, Herts. EN6 4DG

Registered in accordance with the Charities Act 1960

Charity Reg. No. 267037



The New Oshwal Logo
Inspired by the Youth



LANGLEY BITES

PASSION FOR FLAVOUR

COLLECTION
AND DELIVERY
SERVICE
AVAILABLE...VISIT
OUR WEBSITE OR
CONTACT US
FOR MORE
DETAILS

Fresh Indian Sweets & Savouries



BISCUITS:
Oat & Coconut
Plain
Jam & Coconut

FROZEN FOODS:
Selection of Samosas
Kachoris
Paneer Chapati

BREADS:
Methi Thepla
Vada
Paratha
Rotli
Bhakri

SAVOURY SNACKS:
Kenya Style Chevdo
Bombay Mix
Farari Chevdo
Methi Mari Sticks
Gathia Sev
Masala Peanuts

INDIAN SWEETS:
Gulab Jamun
Kesar Mani
Boondi Ladoo
Mohnthal

...AND
MANY
MORE

Tel: 07956 286 893 / 01923 218 553 Email: orders@langleybites.com
www.langleybites.com  [langleybites](https://www.instagram.com/langleybites)  [@langleybites](https://www.facebook.com/langleybites)

THE LANGLEY, CADE HOUSE, 38-42 THE PARADE, HIGH STREET, WATFORD, WD17 1AZ



President's Message



Jai Jinendra and Pranam

I hope that this message finds you all safe and well. The Covid 19 Pandemic has impacted and changed all our lives over the last year. Oshwal Association and the work we undertake has also changed, with much of our work continuing via Zoom and many online programmes where possible. Oshwal News was last published for Paryushan and was also launchpad for the first of many regular online programmes. Our appreciation to all the Trustees, Area Committees, volunteers and Jayeshbhai for organising and delivering a variety of Religious, Cultural & Social events through Zoom and our own You Tube Channel. We were overwhelmed at the numbers who logged in so regularly to participate in all these events. Thank you to you all for supporting us.

With vaccines now available, and a vaccination programme fast reaching over half the adult population, I strongly urge you all, to take the vaccine, when you are invited. It not only protects you, but also your families and loved ones too from this deadly virus. So please do book yourselves an appointment when you are called upon by NHS and ignore all the baseless scaremongering stories that are being shared on social media.

Shradhanjali/Prathna Sabha Service. I am pleased to announce OAUk has launched a new Sewa initiative which will see Oshwal volunteers delivering Shradhanjali/Prathna Sabhas and providing comfort to those families facing bereavement in the community at this challenging time. For further details please see our website.

Aymbil Oli. will commence on 19th April 2021 until 27th April 2021. Due to the current lockdown, we will be unable to hold this event at our centre, but like last time this will be done by Zoom and full details of the programme will be on website. I hope you will all join in.

Traditionally, we hold our AGM at the end of April each year. This will be the second year, that we will not be able to do so, due to Covid 19 Pandemic. We are hoping that once the rules are relaxed by the Government and with the confidence of members starting to revert to some form of normality, we will be able to hold our AGM and elections for a New Executive and Area Committees at the latter part of this year.

I am delighted to share with you, that for the first time our Accounts had been finalised by our Auditors by the end of February 2021. Over the last decade OAUk had grown substantially and last year we had installed new software & processes, employing an Oshwal Accountant to help us with this work.

Although we are unable to hold our traditional AGM this year, we are attaching our abbreviated accounts with this issue of Oshwal News. **On Sunday 2nd May 2.00pm we are holding a Virtual online ZOOM presentation through our YouTube Channel** for members of the Association. This presentation will take commence at 2pm. The presentation notice and Agenda is published in this issue of Oshwal News. There will be no elections at this virtual presentation. Our traditional AGM, will take place at the latter part of this year, once the Pandemic restrictions are fully lifted and members are confident to start leaving their homes.

The Pandemic has been a difficult time for all of us, and we as Trustees have discussed many aspects of future of OAUk and the challenges we have faced over the years. Whilst we have embraced challenges and brought about changes as required, we need to now think about our current structure and future. Two of our past Presidents floated some ideas for consideration by the Executive Committee. From this, certain changes that will offer immediate solutions to the operation of OAUk were discussed and approved by all of the Trustees.

In our 2nd May 2021 presentation, ideas from this document will be shared and explained to you all. Members will have a few months to discuss and suggest any further changes that you would like the Trustees to consider for approval at a future Special General Meeting to be organised by OAUk.

I hope you will all join our virtual presentation on Sunday 2nd May 2021 2pm.

Finally, on behalf of my fellow Trustees and committee members I seek your forgiveness for any misdeeds or actions on our part which may have hurt your feelings in any way.

Jai Mahavir, Jai Oshwal
Nilesh Bhagwanji Shah
Hon. President
Oshwal Association of the UK
Email: President@oshwal.org

Finally, on behalf of my fellow Trustees and committee members I seek your forgiveness for any misdeeds or actions on our part which may have hurt your feelings in any way.

Jai Mahavir, Jai Oshwal
Nilesh Bhagwanji Shah
Hon. President
Oshwal Association of the UK
Email: President@oshwal.org

Agenda and Notice of Virtual Presentation for 2nd May 2021

Virtual Presentation will take place on 02.05.2021 at 2PM via you tube channel for Oshwal members and agenda will be as follows:-

1. Prayers.
2. Presentation during Covid 19 Pandemic
3. Presentation accounts for the year ended 31.12.2020.
4. Presentation of future and Vision of OAUK





It is just over a year since a worldwide Pandemic was announced, and for the first time, our daily lives were affected in ways none of us could have imagined. Many vulnerable and elderly have been housebound for months. Others have been working from home, working reduced hours, faced redundancy or been furloughed from their jobs. Our community has also been directly affected by Covid 19, with sadly too many lives prematurely lost to this pandemic.

It has been a tough year for every person, for all age groups. Our children have had education disrupted. University places not taken up. Graduate's ambitions of qualifying and obtaining a good job to start their careers, severely challenged with a lack of opportunities.

Last year, at the start of the Pandemic, OAUK mobilized a team of volunteers to deliver hot meals and undertake shopping for the elderly and those affected by the lockdown and Covid19. Many were isolating at home, acting as carers, or were housebound due to disability or illness. Some were living alone. We supported any Oshwal or any other person of other faiths who reached out to us for help. There was no restriction on help offered to any individual who contacted us. For those that were not in our catchment Areas, we partnered with other charities who were also organizing similar work to deliver hot meals to the housebound, on a daily basis.

On behalf of OAUK, we take this opportunity to thank all the Donors and volunteers who helped out on this important Sewa work for OAUK.

Contact was the most essential element of coping in these difficult times. A team of dedicated Oshwals who were good at IT, came together, and embarked on organizing regular online programs for the community. Jayeshbhai our Vidhikar leading Satsang and Pathshala classes each week, to teach and empower our lives and understanding of the Jain Faith. The success of these online events was overwhelming, with any number from 500 to 1000 devices joining us for many sessions. We believe that as a community, OAUK have helped so many Oshwals who have been housebound for well over a year now. Our appreciation to all Oshwals who have been silently helping in the background to deliver these programs through Zoom and our own Oshwal YouTube Channel. Our Gujarati schools teaching has also continued through online Zoom Gujarati Classes.

Whilst our daily lives have been disrupted, there is a light at the end of the tunnel, with vaccines now available, many senior Oshwals have already been vaccinated, and rapid progress is being made to vaccinate the rest of the adult population. Hopefully, life will soon start to return to normal towards the latter part of this year. Until then please take care, follow the Government guidance and stay safe.

Just as our personal lives have been affected so too have most businesses and organizations, including Oshwal Association of UK. Oshwal Centre was always popular for celebrations of weddings, engagements, parties etc., and this helped us generate funds for OAUK.

With the cancellations of all functions in 2020, as Trustees, we took a decision to refund everybody who ever wanted to cancel their event rather than move their function to a future date. We were one of the few Organizations who took this step, recognizing the need to help people and act fairly, rather than place more stress on those whose events had already been disrupted. With the cancellations of all our own regular events and issuing refunds for any bookings, OAUK suffered a considerable loss in revenue.

Our accounts attached with this issue of Oshwal News reflect this and the severe impact it has had on our finances.

Whilst Oshwal Association has been generating funds through rental income and generous donations from all of you, each year OAK has also been investing major funds rather than collecting funds like a corporate body.

Since the construction of our Jinalay in 2005, we have been truly blessed and with your support, OAK developed a long-term strategy and embarked on some major projects for the benefit of the Community.

As a refresher, the following are the major works, that has been undertaken since the construction of the Jinalay in 2005:

- Redesign and renewing our Car park at Oshwal Centre
- Redesign and construction of a new Children's play Area at Oshwal Centre
- Construction of modern washroom facilities at Oshwal Centre
- Purchase of Oshwal Ekta Centre – NW London
- Purchase of Oshwal Shakti Centre – West London
- Refurbishment of Oshwal Centre Halls with modern features and installation of lift
- Refurbishment of Oshwal Ekta Centre
- Sale of South London Mahajanwadi and purchase of a new Property to be developed for Oshwals
- Extension of Oshwal House at Northaw to create another small function hall
- Extension of our Derasar plus lifting and re-laying of the main dome to waterproof the new roof

There has been considerable additional work to improve the facilities and ensure compliance with statutory regulations, often costly, this is unseen, but essential, nevertheless, all carried out from income and donations.

The expenditure of all the above works and acquisitions has amounted to well over £10,000,000, a huge sum that we have invested in our Community. As Oshwals we should be proud of our achievements over the last 15 years.

However, a casualty of the Pandemic is also our own Association, Oshwal Association of UK. With zero income for 12 months and future bookings still only trickling through, all on going works as planned have had to be suspended.

The major works that were planned and now suspended were (not in any order):

- Repairs and refurbishment of the roof and exterior of Oshwal House (Hook House)
- Refurbishment and fit out of the flats in Oshwal House for short term use for visitors and during Aymbil
- Extending & Renewal of the car park at Oshwal Ekta Centre
- Extension and total refurbishment of Oshwal Shakti Centre in Hounslow to provide larger kitchen facilities and washrooms
- Submission of development plans for construction of retirement flats at Oshwal Centre
- Development of a NEW community Centre in South – Oshwal Shanti Centre (see below picture of the transformation we have planned)



Current Property Vacant



Proposed Development

As you can see from the attached accounts and the explanations above, Oshwal Association's work has also come to a standstill. However as Oshwals we have always embraced difficulties and found solutions to the difficulties we have faced over generations.

From our origins in Osia, Rajasthan, to Kutch, then Gujarat, migrating to East Africa and then to the UK, wherever we have gone, we have settled, formed communities and stayed true to our beliefs.

As Oshwals, we have always supported one another, helped the wider communities and made sure our own impact was positive and considerate. Today, Oshwals are settled in virtually all corners of the World and we still remain true to those core values that we have carried with us for generations.

Oshwals have always embraced change, whatever the circumstances, and rose to help each other when the time came.

Today, Oshwal Association needs your support. It needs the support of each and every Oshwal Family. Our plans to deliver the stalled projects and development work for the whole community has been set back a minimum of 3 years through the Covid 19 Pandemic.

We are asking every Oshwal to stand behind our community and support OAUK, in its time of need. We need funds to complete the outstanding projects and we need secured funds now.

We therefore propose to launch a fund-raising drive. It is to be in three parts.

Donations – A scheme with Takti's as appropriate will recognize those donors.

Interest Free Loans – Repayable at a pre-agreed date, of 3, 5 or 7 years.

Your Interest Free Loan will help us kick start some work and OAUK will guarantee these funds will be repaid at the agreed date, with a legally binding agreement. Attached with this issue of Oshwal News, is an application form. Please support us to the best of your ability

Legacies – With Inheritance Tax Limits (IHT) largely unchanged, more of us are likely to fall into incurring IHT liabilities on death. When planning your estate, why not consider including a donation to OAUK, to reduce your tax liability (Please seek professional advice on this). Your legacy could help the long term future of our community.

This Community belongs to all of us, and we are all a part of OAUK, it brings us together, it is our root, our identity and it defines us. It is time for us to stand together and support our community, for now and for the future.

Attached is a form to submit to us and we will contact you thereafter. PLEASE do support us and be a part of the growth of OAUK. Let us all play our part for all future Oshwals, just like our forefathers

Tushar Jayantilal Shah

Trustee, OAUK





OSHWAL
ASSOCIATION OF THE UK

Oshwal Centre, Coopers Lane Road, Northaw, Herts., EN6 4DG
Tel: 01707 643838 ♦ E-Mail: admin@oshwal.org
Website: www.oshwal.org.uk

FUND RAISING SCHEMES FORM

Full Name:		
Address		
		Post Code
Tel no	Mobile	Email

I / We would here by like to give an interest free loan to Oshwal Association of UK, Oshwal Centre, Coopers Lane Road, Northaw, Herts., EN6 4DG.

(PLEASE TICK THE APPROPRIATE BOX FOR THE SCHEME(S) YOU WISH TO PARTICIPATE IN)

<input type="checkbox"/>	£100,000	<input type="checkbox"/>	£15,000
<input type="checkbox"/>	£50,000	<input type="checkbox"/>	£10,000
<input type="checkbox"/>	£25000	<input type="checkbox"/>	£5,000
<input type="checkbox"/>	£2,500	<input type="checkbox"/>	£1000
<input type="checkbox"/>	Other amount(please specify)		
How long are you willing to provide the loan			
<input type="checkbox"/>	3 years	<input type="checkbox"/>	5 years
<input type="checkbox"/>		<input type="checkbox"/>	7 years

Payments can be made by, Cheque, Credit Card or Bank Transfer

Cheques To Be Made Payable To: **Oshwal Association of the U.K.** and please write your Name & Address on the back of the cheque.

To Pay By **CREDIT** or **DEBIT CARD**: Call the office to make a payment 01707 643838

For Payment by Bank Transfer: Barclays Bank Plc, Sort Code: 20-35-90, Account No: 00757969

Please quote your **MOBILE NO.** or **TEL.NO.** as Ref No. & **You MUST also e-mail a copy of the Form to us as soon as payment is made.**

SIGNED: _____

Date: _____

For Office Use Only

OAUk Receipt No: _____ Issued On: _____

લોકડાઉન (૨૦૨૦) આશીર્વાદ રૂપ બન્યું



છેલ્લા નવ થી દશ મહિના થયા આપણા સામાન્ય જીવન જીવવાની રીતમાં પલટો થયો. લોકડાઉન અને ઝૂમ, આ બે શબ્દો તો હમણા રોજીંદા જીવનમાં ઘડાય ગયા છે. વડીલોને તો આ બે શબ્દનો ખ્યાલ પણ ન હતો. તેઓ ને તો કંઠસ્થ થઈ ગયા છે, અને ઘણા તો ઝૂમ વાપરતા શીખી ગયા છે. ૨૦૨૦ નું લોકડાઉન મગજમાં કોતરાઈ ગયું છે અને એ કદી પણ ભૂલાશે નહિં. કોરોનાની મહામારીએ દુનિયાને ઘણું શીખવ્યું છે. પ્રથમ તો આધુનિક ટેકનોલોજી નો જેઓએ શોધ કર્યું તેમને હું અંતર પૂર્વક નમસ્કાર કરું છું. સમાજના કમિટીના સભ્યોએ આ યંત્રનું રોકાણ કર્યું. અને એ કોના માટે? “આપણા બધા માટે”. આખા સમાજને એકત્રીત રાખ્યું. તેમનો ખૂબજ આભાર.

પૂજ્ય શ્રી જયેશભાઈએ, તેઓએ તેમનો કિમતી સમય નો સરસ રીતે ઉપયોગ કરી અને આપણા બધાને ધર્મ જ્ઞાનનો ખજાનો અર્પણ કર્યો. આ આપણા તક પહોચાડવા માટે તેઓને કેટલી બધી તૈયારી કરવી પડતી હશે. આ એક દિવસનું નથી પણ દોઢ કલાક સતત અઠવાડિયામાં બે વખત સત્સંગ કરાવે છે. આખી શબ્દકોષ જોઈ વળીશ તો પણ તેમની અનુમોદના કરવા માટે મને શબ્દ જ નહી મળે. આ લોકડાઉન માં ઝૂમ ટિમ ના ભાઈ બહેનો, ધાર્મિક સમિતીના વર્ષાબહેન, સેવાભાવી શોભાબહેન દરેક પોતાના સમય શક્તિનું અનુદાન કરે છે. બધાજ ધન્યવાદને પાત્ર છે. ખૂબજ અનુમોદના.

લોકડાઉન લગભગ દસ મહિનાથી આવ્યું છે. ૧૫મી માર્ચનાં આપણો મોટો કાર્યક્રમ રદ કરવો પડ્યો. માર્ચની આખરે નવપદ શાશ્વત આયંબીલની શરૂઆત થઈ. તેની આરાધના ઝૂમ દ્વારા થઈ. દર વખતે અમે આયંબીલની સેવા કાર્યમાં રસોડામાં કામમાં હોઈએ પણ આ વખતે અમે પણ આરામથી ઘરમાં બેસીને વાંચનનો લાભ લીધો.

એપ્રિલ મહિનામાં અહો જિન શાસનમ્ વિષે નિબંધ હરીફાઈની પ્રેરણા શ્રી જયેશભાઈ એ કરી. ઘણા બધાએ સરસ નિબંધ લખ્યા. બધાને પ્રમાણપત્ર મળી. બિજો વખત આવી તક મળે તો આશા રાખુ છું કે વધારે સભ્યો ભાગ લેવા પ્રયત્ન કરશો. આમાથી આપણે ઘણું જાણવા પણ મળશે. ત્યાર પછી સત્તાવિશ દિવસના ચોવિસ કલાકના અખંડ નવકાર મંત્રના જાપ થયાં. ભાવિકોએ એક લાખ નવકાર મંત્રના જાપ શરૂ કરવાનો સંકલ્પ કર્યો હતો અને ઘણા બધાએ પુરા પણ કર્યા. જુલાઈમાં ૧૦૮ સામાયિક, એકાસણા, આયંબીલ, ૧૦૮ કલાકનું ધાર્મિક પુસ્તક વાંચન ૧૦૮ ભાવ પૂજા, નમો જિણાંણની માળા. આ બધુ ઘણા ભાવિકોએ ઉત્સાહથી કર્યું. દેરાસરમાં સ્નાત્ર પૂજા પણ કરવામાં આવી હતી. જેમ શિક્ષક વિદ્યાર્થીઓને હોમવર્ક આપે તેવીજ રીતે ગુરુજીએ શિષ્યોને એક પછી એક હોમવર્ક આપ્યું અને બધાએ હસતા મુખે અને ઉમંગથી કર્યું.

પછી પર્વાધિરાજ પર્યુષણ પર્વ આંગણે પધાર્યા. પહેલી જ વખત નવ પરાના સહુ સાથે હળી મળી ને આરાધના કરી. રોજ સવારે વાંચન અને સાંજે પ્રતિક્રમણ ઝૂમ દ્વારા કર્યું. હોલમાં કરીએ તો મર્યાદિત આરાધકો હોય, કોઈને પરિવહનનો સમસ્યા હોય, કોઈને પોતાની આરોગ્ય નાજુક હોય તો આવી ન શકે. પરંતુ ઝૂમ દ્વારા ઘણા

બધાએ જોડાઈને લાભ લીધો અને આવવા જવાનો સમય પણ બચી ગયો. અમારું નોર્થ ઈસ્ટ પરાનું મહાવીર વાંચન બપોરે બે વાગ્યે શરૂ થાય, ત્યાર પછી સાધર્મિક ભક્તિ હોય. અમે સવારે ૫.૦૦ વાગ્યે રસોઈ શરૂ કરતા અને આ બધો સમય પણ બચી ગયો. કેટલો બધો સમય આરાધના કરવા, આત્માની નજીક રહીને, આત્મધ્યાન અને ધર્મ કરવા મળ્યો. કર્મોની નિર્જરા થઈ. પર્યુષણમાં ચૈત્ય પરીપાટી પાંચ તિર્થોની કરી. અમે નોર્થ ઈસ્ટ પરાની બહેનોએ પાંચ તિર્થના પાંચ થાળ ધર્યા હતાં. પર્યુષણ સમાપ્ત થયા એટલે સત્તરભેદી પૂજા દેરાસરમાં કરવામાં આવી અને શિખર ઉપર નવા વર્ષની ધજા ચઢાવી.

આસો મહિનાની આયંબીલની આરાધના પણ સુંદર રીતે થઈ. દાનવીરોએ ભાવથી દાન આપીને કર્મો ખપાવ્યાં. પછી તરતજ પાઠશાળા શરૂ થઈ. હોલમાં કરતા ત્યારે ૭૦ થી ૮૦ સંખ્યા થતી પણ આ વખતે ઝૂમ દ્વારા ઘણાંજ બધા જોડાઈ ગયા.

દિવાળીનો પર્વ આવ્યો. ચોપડા/શારદા પૂજન થયું. ઘણા ભાવિકોએ છઠ્ઠ કરી હશે. મેં પણ કરેલ હતી. ગૌતમ સ્વામીની કેવળજ્ઞાનની આરાધના કરી. જ્ઞાન પંચમી તેમજ કાર્તિકી પૂનમની શંત્રુજયની ભાવ યાત્રા કરી. ડિસેમ્બર ૨૦૨૦માં જે ભાઈ બહેનોએ પરલોક પંથે વિદાય લીધી હતી તેમને શ્રદ્ધાંજલી અર્પણ કરી હતી.

નવા વર્ષની ૧૧૧૨૦૨૧ના નવકાર મંત્રની ભાવ પૂજા કરેલ હતી. પોષ દશમીના બે દિવસની આરાધના કરી હતી. અત્યારે ચોવીસ કલાકના અખંડ નવકાર મંત્રના જાપમાં, ઘણા ભાવિકો જોડાઈ ગયા છે. હાલમાં કટોકટીનો સમય છે. એક બીજાને મળી નથી શકાતું. ટેલિફોન આપણો સાથીદાર છે. ઘણા વડીલો એકલવાયા અટુલા છે. હું પણ એકલી છું પરંતુ મારા ઘરના બાજુમાં રહે છે. મારી બાજુમાં નેવું વર્ષની વૃદ્ધા મહિલા છે. તેનું કોઈ નથી. લોકડાઉન શરૂ થયું ત્યારથી મારા ઘરના તેને સેવા આપે છે. આપણા સમાજમાં પણ ઘણા વડીલો હશે જેઓ એકલા નિરાધાર હોય, અંગ્રેજી આવડતું નહીં હોય, સત્સંગ સાંભળતા ના હોય. આપણે આપણી જાતને પ્રશ્ન કરવાનો છે કે આપણે લોકડાઉનમાં કોઈને મદદ કરી ? એક ફોન કરીએ, તેમના સમાચાર પૂછીએ, તેમને કાંઈ જરૂરીઆત હોય અને તેમની સંભાવ કરીએ તો તેઓ કેવા આનંદીત થઈ જાય. સેવા કરવી એ પણ એક ઉત્તમમાં ઉત્તમ ધર્મ છે. ટેકનોલોજી માધ્યમથી આપણે આવી રીતે એક બીજા સાથે સારા કાર્યમાં જોડાયેલા રહીએ એવી આશા રાખું છું

અંતમાં એટલું જ કહેવું છે કે આ પ્રવૃત્તિ ચાલુ જ રહે એવી મારી અંતરની અભિલાશ છે. આવા સમયમાં દરેકને બળ મળે અને મનને શાંતિ પણ થાય. ગમે તે કાર્યના બે પાસા હોય છે.

૧) સાડુ - કહેતા આપણે જોયું કે ઘણાજ ધાર્મિક કાર્ય થયા અને નાના મોટાને ઘણોજ ધર્મનો લાભ મળ્યો. દેશ વિદેશના ઘણાજ જોડાયા. તેમજ વડીલો પણ જોડાય શક્યાં.

૨) નરસુ - આ કહેતા અત્યારે મુશ્કેલ સમય છે. રૂબરૂ કોઈને મળવાનો આનંદ નથી. દેરાસરમાં પ્રક્ષાલ, પૂજા, દર્શન કરવાનું નથી મળતું, પણ સમય અનુસાર, સમતાભાવે બધુજ અપનાવવાનો પ્રયત્ન કરવો, ખૂબજ જરૂરી છે.

શારદા બહેનના સાદર પ્રણામ (નોર્થ ઈસ્ટ એરિયા)



OAUK ધાર્મિક કાર્યક્રમો ૨૦૨૧



દિવસ/તારીખ	કાર્યક્રમ
સોમવાર, ૧૯ એપ્રિલ ૨૦૨૧ થી બુધવાર ૨૮ એપ્રિલ ૨૦૨૧	ચૈત્ર માસ આયંબિલ
શુક્રવાર ૩ સપ્ટેમ્બર ૨૦૨૧ થી શુક્રવાર ૧૦ સપ્ટેમ્બર ૨૦૨૧	પર્યુષણ મહાપર્વ
શનિવાર ૧૮ સપ્ટેમ્બર ૨૦૨૧ થી રવિવાર ૧૯ સપ્ટેમ્બર ૨૦૨૧	ધજાદિન
મંગળવાર ૧૨ ઓક્ટોબર ૨૦૨૧ થી ગુરુવાર ૨૧ ઓક્ટોબર ૨૦૨૧	આસો માસ આયંબિલ
ગરુવાર ૪ નવેમ્બર ૨૦૨૧	દિવાળી
શુક્રવાર ૫ નવેમ્બર ૨૦૨૧	નૂતનવર્ષ
શુક્રવાર ૧૯ નવેમ્બર ૨૦૨૧	કાર્તિકી પૂનમ

કાર્યક્રમ વિશે વધુ માહિતી યોગ્ય સમયે OAUK વેબસાઈટ પરથી ઉપલબ્ધ થઈ શકશે.
<https://www.youtube.com/c/oshwaluk>

બધા કાર્યક્રમો સરકારના નિયમો અને માર્ગદર્શનોને આધિન છે.



Forthcoming Religious Programmes



Day and Date	Programme
Monday 19 th April 2021 to Wednesday 28 th April 2021	Chaitramas Ayambil Oli
Friday 3 rd September to Friday 10 th September 2021	Paryushana
Saturday 18 th September 2021 to Sunday 19 th September 2021	Dhaja Din
Tuesday 12 th October to 2021 to Thursday 21 st October 2021	Asomas Aymbil Oli
Thursday 4 th November 2021	Diwali
Friday 5 th November 2021	New Year
Friday 19 th November 2021	Kartiki Poonam

Further information on the programmes will be available on the OAUK website at the appropriate times. <https://www.youtube.com/c/oshwaluk>

All events are subject to Government rules and guidelines



અહો જિન શાસનમ

ધર્મજ્ઞાનની વૃદ્ધિ થાય ત માટે અને લોકડાઉનના સમયને સફળ કરવા, મે મહિનામાં 'અહો જિન શાસનમ' વિષય ઉપર OAUK તરફથી નિબંધ હરિકાઈ યોજવામાં આવી હતી. આ નિબંધમાં જૈન ધર્મમાં બતાવેલ વિવિધ મુદ્દાઓ ઉપર લખાણ કરવાનું હતું, જેમ કે:

૧)	જિનશાસન મળ્યાનો આનંદ	૪)	જૈન ધર્મ અને કર્મ
૨)	જિનશાસનને દીપાવનાર તીર્થંકરો, મહાપુરુષો. શ્રાવકો આદી.	૫)	જિનશાસન માટે મારું કર્તવ્ય
૩)	જૈન ધર્મને અનુરૂપ આહાર શુદ્ધિ, વિજ્ઞાન, ભૂગોળ, પર્યાવરણ આદી	૬)	જિનશાસન માટે મારી અંતિમ ઇચ્છા

આ દરેક મુદ્દાઓ વિશે આપણા ભાઈબહેનોએ સુંદર નિબંધો લખ્યા હતા તેમાંથી શ્રેષ્ઠ ગુણાંક મેળવનાર ભાવિકોના નિબંધમાંથી તેમણે લખેલા અલગઅલગ મુદ્દા અંકિત કરવામાં આવ્યા છે, જે વાંચવા અને જીવનમાં ઉતારવા જેવા છે.

૧. જિન શાસન મળ્યાનો આનંદ

જૈન ધર્મ મળ્યો એટલે આત્માનું પૂર્ણ સ્વરૂપ પ્રાપ્ત કરી અને મોક્ષ ગામી બની શકાય. આનંદ એટલે છે કે આ એક જ ધર્મ છે, તેમાં આપણે ભગવાન કે ભગવાન જેવા ગુણવાન આત્મા બની શકીએ છીએ.

જિન શાસનની કોઈ પણ ક્રિયા - પછી દર્શનની હોય, પૂજનની હોય, શાસ્ત્ર ભણવાની હોય, તપની હોય કે સંયમ પાલનની હોય - તે સર્વનો ધ્યેય આત્માનું પૂર્ણ સ્વરૂપ પ્રાપ્ત કરવાનું છે, આત્મામાંથી પરમાત્મા બનવાનું છે. પ્રભુને કેવલજ્ઞાન થયા પછી ત્રણ શબ્દોમાંથી ઉચ્ચત્તેઈ વા, વિગમેઈ વા અને ધુવેઈ વા માંથી તેમના ગણધરોએ આગમ ગૂંથ્યા જે ૨૫૦૦ વર્ષ પછી આપણી પાસે છે. ચતુર્વિધ સંઘની સ્થાપના કરી - સાધુ, સાધ્વી, શ્રાવક અને શ્રાવિકા. ભગવાનના મોક્ષ પછી જે પાટ પરંપરા સુધર્મસ્વામીથી શરૂ થઈ તે આજે ચાલુ છે તો મોમાંથી સરી પડે છે 'અહો જિન શાસનમ'.

જિન શાસનનું મૂળ છે દયા અને તે મૈત્રીથી જાગે. ધર્મનું મૂળ વિનય છે અને ભક્તિથી જાગે. એક વાર હૃદયમાં પ્રભુ પ્રત્યે પ્રીતિ જાગૃત થાય અને આપણા અંતરમાં પૂરેપૂરી નમ્રતા સ્થાપ્યા પછી શાસ્ત્રોના રહસ્યો આપોઆપ ખૂલવા લાગે છે. મનુષ્ય ભવ મળ્યો, આર્ય દેશ મળ્યો, જિન વાણી અને ૪૫ આગમ મળ્યા અને શ્રાવકનાં ૧૨ વ્રત પાળતાં પાળતાં જો સંયમ લઈ શકાય તો જિન શાસન મળ્યાના આનંદનો કોઈ પાર નથી. ડો. રમેશભાઈ એલ. મહેતા

૨. જિન શાસનને દીપાવનાર તીર્થંકરો, મહાપુરુષો, શ્રાવકો આદી

જિન શાસનરૂપી તીર્થને સ્થાપે અને અનેક જીવોને જે ધર્મના માર્ગે જોડે તેનું નામ તીર્થંકર. આવા અનંતર અનંત તીર્થંકર ભગવંતો આજ સુધીમાં થઈ ગયા અને બીજા અનંત અનંત ભવિષ્યમાં થવાના છે. આ બધા તીર્થંકરો એક જ સરખો ઉપદેશ આપે કારણ કે આ સઘળા તીર્થંકરોનું જ્ઞાન એક સરખું જ હોય છે. હંમણાં આ ભરતક્ષેત્રમાં જે છેલ્લી ચીવીશી થઈ તેમાંના ચોવીશમાં (છેલ્લા) તીર્થંકર ભગવાન શ્રી મહાવીર સ્વામીજી હતા. ચતુર્વિધ સંઘની સ્થાપના ભગવાન મહાવીર સ્વામીએ કરેલ હતી.

સાધુ-સાધ્વી શ્રાવક અને શ્રાવિકા સાધુમહારાજ: અનંત લબ્ધિનિધાન સ્ત્રી ગૌતમ સ્વામીજી મહારાજ, શ્રી સુધર્માસ્વામી વગેરે ૧૧ ગણધરો પ્રમુખ ૧૪૦૦૦ - સાધ્વિજી મહારાજ: શ્રી ચંદનબાળા વગેરે ૩૬૦૦૦ શ્રાક: આનંદ કામદેવ વગેરે ૧૫૯,૦૦૦ - શ્રાવિકા: સુલસા, રેવતિ વગેરે ૩૧૮,૦૦૦

જે પુરુષો અને સ્ત્રીઓ જિનેશ્વર ભગવંતની આજ્ઞા પ્રત્યે અંતરમાં અપરંપાર બહુમાન ભાવ રાખે છે, આવી સચોટ શ્રદ્ધા રાખે છે. જિન ભગવાનની આજ્ઞા મુજબ વર્તનારા સઘળા સાધુ અને સાધ્વીજી મહારાજની સેવા, ભક્તિ અને

વિનય કરે છે. બીજા પોતાના જેવા સાધર્મિક પ્રત્યે ખૂબ જ પ્રેમભાવ રાખે છે. શક્તિ પ્રમાણે સામાયિક, પ્રતિક્રમણ, જિનપૂજા, નવકારશી, રાત્રિભોજનનો ત્યાગ, કંદમૂળનો ત્યાગ વગેરે ધર્મની આરાધના કરે છે.

ચરમ કેવલી શ્રી જંબુસ્વામી મોક્ષે ગયા બાદ ચોથા પદ્ધતર શયંભવસૂરી થયા. તેઓ શ્રીએ બાલમુનિ મનક પૂત્રના ઉપકાર્યે આગમોના સારરૂપ દશ વૈકાલિક ગ્રંથની છ માસમાં રચના કરીઆ ગ્રંથ પાંચમાં આરાના અંત સુધી રહેશે અને જિનઆજ્ઞાના સારને સાચવશે. ભગવાનના નિર્વાણ બાદ, શ્રી બદ્રબાહુસ્વામીએ કલ્પસુત્ર આદી ગ્રંથોની રચના કરી. મહામુનિ સ્થુલભદ્રજી પણ થયા હતા, જેમનું ૮૪-ચોવીશી નામ રહેશે. શ્રી ઉમાસ્વાતિ મહારાજે સુપ્રસિદ્ધ તત્ત્વાર્થ સૂત્રની રચના કરી. બાળપણમાં જ અગિયાર અંગ જેઓ શીખી ગયા હતા તેવા શ્રી હરિભદ્રસૂરીજી મહારાજે ૧૪૪૪ અદ્રિતિય અર્થ ગંભીર ગ્રંથોની રચના કરી. શ્રી અભયદેવસૂરીજી મહારાજે આગમો ઉપર ટીકાઓ લખી. પૂજ્ય આ. શ્રી હીરસૂરીસ્વરજી મ. તેઓ શ્રી અકબરબાદશાહને પ્રતિબોધ કરી જૈન ધર્મ તરફ વાળ્યો. શ્રી આનંદધનજી મહારાજ, ઉ. શ્રી યશોવિજયજી મ. પૂ. શ્રી વીરવિજયજી મ. આદિ પૂજ્યોએ આત્મતત્ત્વને ગદ્યપદ્યોમાં સરળ ભાષામાં લખી સાહિત્યની સૌરભમાં આજ સુધી પહોંચાડી. કોટિ કોટિ વંદન નહો.... જિનશાસનના મહાન પ્રભાવક મહાપુરુષોને!

સુધાબહેન એસ. છેડા

૩. જૈન ધર્મને અનુરૂપ આહાર શુદ્ધિ વિજ્ઞાન, ભૂગોળ પર્યાવરણ આદી.

ધર્મ અને વિજ્ઞાન, બંને એકબીજા સાથે સંપૂર્ણપણે સંકળાયેલાં છે. ભગવાન મહાવીરે જણાવ્યું હતું કે પાણી જીવ સ્વરૂપ છે અને તેમાં પણ સતત એકિન્દ્રિય જીવોનાં જન્મ-મરણ ચાલે છે. એક પાણીના બીંદુમાં અસંખ્ય જીવ હોય છે એટલે પાણી ઉકાળીને કાળ પ્રમાણે પીવું જોઈએ. આજનું વિજ્ઞાન, પાણી જન્ય રોગોથી બચવા માટે પાણી ઉકાળીને પીવા માટે સલાહ આપે છે. દુષિત પાણીને લીધે ટાઈફોઇડ, કમળો, કોલેરા જેવી બીમારીઓ થાય છે. વળી વનસ્પતિ, લીલોત્રી, કંદમૂળ, ફળ, ફૂલ વગેરેમાં જીવઆત્મ ચૈતન્ય છે. તેમને પણ સુખદુઃખનો અનુભવ થાય છે, જન્મ-મરણ અને શ્વાસોશ્વાસની ક્રિયાઓ પણ હોય છે. કાર્બનડાયોક્સાઇડ, ઓક્સિજન પ્રાણવાયુ ક્રિયા કરે છે.

પૃથ્વી, માટી, મીઠું ખડી વગેરેમાં જીવ છે. અઝ્ગી અને વાયુમાં પણ જીવ છે તે વૈજ્ઞાનિકોએ સાબિત કરી આપ્યું છે કે હવે પ્રત્યેક સ્થાનમાં ઉડતા અસંખ્ય જીવો હોય છે જે સોયની અણી જેટલી જગ્યામાં હવામાં લાખો જીવ બચી શકે છે અને તે કેવી રીતે? તેની દયા માટે મુહપત્તિ મુખે બાંધે છે. ભગવાનને ત્રીકાળજ્ઞાની કહેતા એટલે લોકો તેમના આદર્શોનું અનુસરણ પણ કરતા. જૈન ધર્મમાં જે નિયમો છે દા. સામાયિક, કાઉસ્સઝા, પ્રતિક્રમણ કરવાથી ધ્યાન ધરી શકાય છે. જ્યારે ખમાસમણ લઈએ ત્યારે વાંકા વળવાની ક્રિયાથી (યોગ), પગ. પેટ મણકાને કસરત મળે છે. ઉપવાસ કરવાથી કર્મ નિર્જરા થાય છે, તેન જ આંતરડાને ખૂબ આરામ મળે છે. સમગ્ર શરીર તાજગી અનુભવે છે. રાત્રી ભોજનનો ત્યાગ કરવાથી, જમ્યા પછી લગભગ ચાર કલાક બાદ સૂવાના સમય સુધીમાં ખોરાક પચી જાય છે. કહેવાય છે કે રાત્રી ભોજન એ નરકનો હાઈવે છે. સાચો જૈન જીવનમાં ચોર્યાશી લાખ જીવયોનીની જીવદયાનો ભાવ તેમ જ જીવનમાં અઢાર પાપસ્થાનકનું પાલન કરવા માટે પ્રયત્નશીલ હોય છે.

જ્યોત્સનાબહેન વી. શાહ

જૈન ધર્મ અનુસાર ત્રણલોક

સ્થાનકવાસી પ્રતિક્રમણમાં ચોદ રાજલોકનું વિસ્તારપૂર્વક વર્ણન કરવામાં આવેલ છે જે સ્ફટિકના આકારમાં છે.

૧. અધોલોક: અધોલોક તિચ્છાલોકની નીચે આવેલું છે જેમાં સાત નરકનાં ચોરાશી લાખ નરકવાસ અને સાત કરોડ બોંતેર લાખ ભવનપતિના ભવનો છે.

૨. તિચ્છાલોક (મધ્યલોક): મધ્યલોકમાં અસંખ્ય દ્વીપ, સમુદ્રો, જ્યોતિષ અને વાણવ્યંતેરનાં નગરો છે તે ઉપરાંત મધ્યલોકમાં અઢીદ્વીપમાં તીર્થંકર ભગવંતો, કેવલી ભગવંતો, સાધુ-સાધ્વી, શ્વાવક-શ્રાવિકાઓ તેમ જ મનુષ્યો, એકિન્દ્રિય અને તિર્થંક જીવો હોય છે.

૩. ઉર્ધ્વલોક: ઉર્ધ્વલોક, જે તિર્થલોકની ઉપર આવેલું છે, જેમાં બાર દેવલોક, નવ ગૌવેયક અને પાંચ અનુત્તર વિમાનો મળીને ચોરાશી લાખ સતાંણુ હજાર ત્રેવીસ વિમાનો છે. તેની ઉપર લોકાગ્રે સિદ્ધક્ષેત્રમાં સિદ્ધ ભગવંતો, નિરંજન, નિરાકારી બિરાજી રહ્યા છે. ચેતનાબહેન એચ મહેતા

૪. જૈન ધર્મ અને કર્મ

જૈન ધર્મને સમજવા માટે જ્ઞાની ભગવંત આ પ્રમાણે સમજાવે છે. લોખંડની કરચ ખેંચવાથી યોગ્યતા લોહ ચુંબકમાં જ છે, પણ લાકડાંમાં નહિ. બસ, તે જ રીતે કર્મોને ખેંચીને ચોટાડવાની યોગ્યતા સંસારી આત્મામાં છે અને ખેંચાઈને ચોટાડવાની યોગ્યતા કર્મોની રજકણમાં છે, માટે સંસારી આત્માને કર્મો ચોટે છે. મોક્ષમાં પહોંચેલા સિદ્ધ ભગવંતોમાં કર્મો ખેંચવાની કે ચોટાડવાની આ યોગ્યતા સહજમળ કહેવાય છે. આ સહજમળ સંપૂર્ણ દૂર થાય ત્યારે મોક્ષ થાય, જ્યાં વધુ નવા કર્મો બંધાયા કરે તે દુર્ગતિ, જ્યાં ઘણાં કર્મો નાશ પામે તે સદ્ગતિ. સમકિતી આત્મા તો દુર્ગતિ કે સદ્ગતિ એકે ય ન ચાહે. તે મોક્ષ ગતિને જ ઇચ્છે અને મોક્ષ ન મળે ત્યાં સુધી સદ્ગતિ મેળવે તે જુદી વાત.

કર્મો તો અનંતકાળથી લાગેલાં છે અને વધુમાં વધુ ૭૦ કોડાકોડી સાગરોપમ સુધીજ આત્મા ઉપર ચોટેલાં રહી શકે. આઠ કર્મોમાંથી માત્ર મીથ્યાત્વ, મોહનીય કર્મ જ ૭૦ કોડાકોડી સાગરોપમ સ્થિતિનું બંધાય શકે જ્યારે આત્મા ઉપર કર્મો ચોટે ત્યારે ચાર વસ્તુ નક્કી થાય છે ૧) પ્રકૃતિ ૨) સ્થિતિ ૩) રસ અને ૪) પ્રદેશ સૂર્ય જેવો તેજસ્વી આત્મા છે, તેના પ્રકાશ જેવા અનંતા ગુણો છે. તેને ઢાંકનારા વાદળ જેવા કર્મો છે. આત્માના ગુણો અનંતા હોવા છતાં મુખ્યત્વે આઠ ગણાય છે. ૧) અનંત સાન ૨) અનંત દર્શન ૩) અવયાબાધ સુખ ૪) સમ્યગ દર્શન - વીતરાગતા ૫) અક્ષય સ્થિતિ ૬) અરૂપીપણું ૭) અગુરુ લઘુ ૮) અનંતવીર્ય. આ ગુણોને ઢાંકનારા કર્મો ક્રમશઃ ૧) જ્ઞાનાવર્ણીય કર્મ ૨) દર્શનાવર્ણીય કર્મ ૩) વેદનીય કર્મ ૪) મોહનીય કર્મ ૫) આયુષ્ય કર્મ ૬) નામ કર્મ ૭) ગૌત્ર કર્મ અને અંતરાય કર્મ.

કર્મોની વર્ગણા એટલી બધી સુક્ષ્મ છે કે તે નરી આંખે કે દૂરબીનથી પણ જોઈ શકાતી નથી. જે કર્મો આપણા આત્માના ગુણોનો સર્વથા ઘાત કરે છે તે ઘાતી કર્મો કહેવાય. તે સિવાયના કર્મો અઘાતી કહેવાય. જ્ઞાનાવર્ણીય, દર્શનાવર્ણીય, મોહનીય અને અતરાય કર્મો ઘાતી છે. તે સિવાયના બાકીના ચાર અઘાતી કર્મો છે. ઘાતી કર્મોનો સંપૂર્ણ નાશ થાય ત્યારે મોક્ષ મળે. કેવલી બનીને તીર્થંકર તરીકે વિચરે તે અરિહંત કહેવાય. તેઓ મોક્ષે જાય ત્યારે સિદ્ધ કહેવાય.

આત્મા ઉપર કર્મ ચોટે પછી તે ઉદયમાં આવે. જેણે જે કર્મ બાંધ્યું હોય તેને જ તે કર્મ ઉદયમાં આવે છે. ચાર કારણે કાર્મણવર્ગણા આત્માને ચોટે છે ૧) મિથ્યાત્વ ૨) અવિરતિ ૩) કષાય અને ૪) યોગ તેમજ અઢાર પાપસ્થાનકમાં: પહેલે પ્રાણતિપાત, બીજે મૃષાવાદ, ત્રીજે અદત્તાદાન, ચોથે મૈથુન, પાંચમે પરિગ્રહ, છઠ્ઠે ક્રોધ, સાતમે માન, આઠમે માયા, નવમે લોભ, દસમે રાગ, અગિયારમે દ્વેશ, બારમે કલહ, તેરમે અભ્યાખ્યાન, ચૌદમે પૈશુન્ય, પંદરમે રતિ અરતિ, સોળમે પરપરિવાદ, સત્તરમે માયામૃષાવાદ, અઠારમે મિથ્યાત્વશલ્ય. આ દરેક પાપસ્થાનકને સાચા અને સારા માનવા તે અઢારમું પાપસ્થાનક, એટલે મિથ્યાત્વ શલ્ય. મિથ્યાશ્યાત્વ એટલે ખોટું અને શલ્ય એટલે કાંટા જેવું જે આપણને મોક્ષનગર સુધી પહોંચવા દેતું નથી. આમ મનુષ્ય ભવને સફળ કરવા દરરોજે કર્મથી મુક્ત થવા ભાવ રાખવો અને પુરુષાર્થ કરવો.

ડો. રમેશભાઈ એલ. મહેતા

૫. જિનશાસન માટે મારું કર્તવ્ય

જિનશાસન ગુણોનો સમુદ્ર છે એમાં ત્રણ રત્ન છે: જ્ઞાન દર્શન ચારિત્ર. આ રત્ન મેળવવા મરજીવા બનવું પડે. દરિયો ખારો છે, વિશાળ છે. ઉદાર છે કેમ કે ગટર, નદી અને વરસાદ બધાનું પાણી સંગ્રહી શકે છે. દરિયાનો ગુણ છે

બધાને સમાવવાનો, તેવી જ રીતે આપણે બીજાના સારા ગુણો જોઈએ, અપનાવીએ અને આપણા પોતાના દોષોને દૂર કરીએ તો આપણામાં વિનય ગુણ વિકસે, જે ગુણોમાં મુખ્ય છે.

એક દાખલો બે જણ બગીચામાં ફરવા ગયા. એકને કાંટાળા છોડ દેખાયા માટે જેવો વિચાર તેવી દૃષ્ટિ તેવી સૃષ્ટિ. જિન શાસનને શરણે રહીને આપણા વિચારોને સમ્યગ દૃષ્ટિ બનાવવા દેવ ગરુએ બતાવેલા માર્ગે ચાલશું તો ભવસાગર તરશું.

જિન શાસનની ઉન્નતિ માટે યાત્રા સંઘ એક વિશિષ્ટ કર્તવ્ય બતાવ્યું છે. તીર્થયાત્રામાં જિનશાસનનું લક્ષ હોવું જોઈએ. તીર્થયાત્રા દર્મિયાન, આયંબિલ, એકાસણું વગેરે તપ, સચિત વસ્તુઓનો ત્યાગ, જીવનમાં પરિવર્તન કરવાનો સંકલ્પ તીર્થમાં કરવો જોઈએ. કલ્પનાથી સર્વ વિચારોમાંથી મુક્તિ પામીએ, જો પરમાત્માનું ધ્યાન કરશું તો અપૂર્વ આનંદ મળશે.

જિન જન્મ મહોત્સવ કરવો, સુપાત્ર દાન, શાસનના સર્વજ્ઞ સાધુ-સાધ્વીને અન્ન, પાણી, વસ્ત્ર, ઔષધ, પાત્ર વગેરે નિસ્વાર્થ ભાવે ત્યાગની ભાવનાથી દાન આપવું. રમીલાબહેન કે. શાહ

૬. જિનશાસન માટે મારી અંતિમ ઇચ્છા

પૂજ્ય વડીલ શ્રી કેશવલલાભાઈ જે ગડા, જેઓની ઉંમર ૯૨ વર્ષની છે તેઓએ જે સુંદર નિબંધ લખ્યો હતો તેમની જિનશાસન માટેની અંતિમ ઇચ્છાની ભાવનાનો ઉલ્લેખ કરવામાં આવ્યો છે જે સૌએ જીવનમાં ઊતારવા જેવું છે.

જિનશાસન મળ્યાનો મને ઘણો આનંદ છે. જિનશાસન માટે ઘણું બધું કરવાનું હોવા છતાં, આથમતી સંધ્યાના અસ્તાચળે ધૂજતી આંગળીઓના બળે દેવગુરુ ધર્મની શ્રદ્ધાથી આ લેખ લખી રહ્યો છું. નરસિંહ ભગતે સ્વર્ગ વૈકુંઠ કાંઈ જ ન માંગતા ફક્ત એટલું જ માંગ્યું કે જન્મ પ્રતિ જન્મ હરિને જ જાયું. એજ રીતે હું અજ્ઞાની છતાં જિનશાસન માટે અતૂટ શ્રદ્ધાના બળે એટલી જ ભાવના ભાવું છું. હે દાદા હું જ્યાં સુધી તુજ સ્વરૂપ ન થાઉં ત્યાં સુધી ભવો ભવ મને તારું શરણ પ્રાપ્ત થાયો કારણ કે નાનું બાળ જનેતાની આંગળી પકડીને જગતને ઓળખે છે તે જ રીતે

હું પણ મારા આરાધ્ય એવા અરિહંત જિનેશ્વર પ્રભુના ચિંધેલા માર્ગે આત્મ સાધના દ્વારા નિર્મળ થઈ અંતે દાદા પાસે જરૂર પહોંચીશ. આવી નિરંતર શુભ ભાવનામાં શરણું એ પણ આત્મોન્નતિનું સોપાન છે. હે વ્હાલા સધર્મિકો, તમે સૌ પણ આ ઉત્તમ ભાવનાના ભાગીદાર બનો. આ તો અક્ષય નિધિ છે. લેવાય તેટલો લાભ લ્યો. આ છે જિનશાસન માટેની મારી અંતિમ ઇચ્છા. કેશવલલાભાઈ જે. ગડા

‘અહો જિન શાસનમ’ નિબંધ સ્પર્ધામાં જે જે ભાવિકોએ ભાગ લીધો હતો એ દરેકની ખૂબ અનુમોદના કરીએ છીએ અને ઓશવાલ એસોસિએશન ઓફ ધ યુ.કે. સૌનો અંતકરણપૂર્વક આભાર માને છે. અમે આશા રાખીએ છીએ કે આપ આવી નિબંધ સ્પર્ધાઓમાં ભાગ લેતાં રહેશો અને બીજાને પણ ભાગ લેવા માટે પ્રેરણા કરશો.

Participants of ‘Aho Jin Shaasanam’ Essay Competition:

1	Dr Rameshbhai L Mehta	11	Manjuben Malde
2	Sudhaben S Chheda	12	Anooben K Shah
3	Shri Keshavlalbhai T Gada	13	Kundanben Shah
4	Ramilaben K Shah	14	Harshidaben Mehta
5	Jyotsnaben V Shah	15	Tanmanben Thanki
6	Chetnaben U Mehta	16	Sushilaben L Shah
7	Shashiben R Mehta	17	Madhuben K Shah
8	Champaben M Shah	18	Hiteshbhai Rayani
9	Sujataben Doshi	19	Amrutaben Shah
10	Shardaben Shah		



Oshwal Association of UK schools & portfolio holders for Education

North Area Gujarati School, Kuntesh Shah

South Area Gujarati School, Nipun Shah

North West Area Gujarati School, Neeraben Shah

West Area Gujarati School, Maheshbhai Shah

Rekha Mahesh Shah, Education trustee EC

Dear Members, Parents of our Gujarati school students,

2020 has no doubt been an upheaval for most parents and children as a lot of disruption occurred due to the coronavirus pandemic, lockdown. Although a lot of the schools closed down from March to September, and were ready to start the new academic year in September. However December brought a new situation, whereby all the schools had to undergo lockdown again. This has created a lot of complications and difficulties for all mainstream schools, and our Saturday schools who rely, a lot on the availability of the schools for our Saturday schools to continue.

However we have improvised so well in 2020, starting with the online virtual classes, our virtual Open Day was a success. Most of the GCSE students who were to sit for the exams in May/June were assessed by our teachers and managed to achieve good grades.

This year, 2021, again has not had a good start. We are still waiting for the schools, Ofqual and Pearson board to give us direction as to how the students will be assessed, this year. On a positive note, all our schools have continued the online classes, Gujarati is being taught, virtually on Friday evenings or Saturday mornings. A lot of work has been put in by all the teachers, the volunteers and IT team for the execution of these classes every week. I would like to say a big thank you to all, not forgetting the students and their parents, whose, continued perseverance and enthusiasm has enabled us to carry out these 23 virtual classes for almost 10 months now.

We had an amazing Gujarati programme for Diwali celebrations, together with the aarti thaali demos and rangoli demos. I am most grateful to all for their participation. I would like to apologize to all, the program could not be upload onto you tube.

We are not sure, when the children, will be able to go back to physical classrooms and easing up of the government ruling, I, as Education trustee, would like to say, we are doing everything we can to bring normality in our classes and would say the students have been amazing and both teachers and students have adapted so well. My best wishes to all. Stay safe and protected with masks and distancing and hopefully with the vaccines rolling in, we will all meet again and resume our normal activities.

Our online adult classes article, follows on the next page. Worth a read!

Jai Mahavir

Online Adult Gujarati Classes by OAUk. New and exclusive online class!!

We are pleased to offer two classes run by OAUk for adults.

One of them is conducted by Vandanaben, in conjunction with the North Area Gujarati School. The other one is run centrally, on Tuesday evenings, 8pm to 9.30pm.

This pandemic has given us the opportunity to start on a new venture. We always knew there was a demand for teaching Gujarati to our adults, but this lockdown has brought positive results and become an excellent way to utilise their time to learn their mother tongue. It needs a lot of dedication, time management and discipline, to include a learning program in our busy, day to day life.

I would like to congratulate all our students and Nitaben, Luton Area Chair for joining me in this massive task of teaching Gujarati, an additional educational activity provided under the OAUk umbrella, during the pandemic crisis.

The class is of a mixed ability, age spanning from 18years to 66years, both male and female genders, from widespread areas of UK. One thing is for sure, it is never too late to learn and expand your knowledge in any field. We are currently into the second term of online classes. Nitaben requested all our students if they would like to write a few lines as to what inspired them to learn Gujarati and we received comments by some students.

Shilaben

I have been doing religion classes online and I couldn't read Gujarati properly and Saila inspired me to join the online OAUk Gujarati classes. I am so glad I joined.

Sohiniben

I wanted to learn Gujarati again as I forgot the language from childhood due to lack of practice. Thanks to these weekly Gujarati classes, I got the opportunity to learn the language that we are all familiar with, but with technical structure and extended vocabulary that enables one to form sentences. I have learnt so much already and have a lot more confidence to carry out conversations in Gujarati, as well as being able to understand more in group conversations. I have also learnt how to read and write which really helps in setting good foundations for pronunciation and understanding.

Sailaben

I am so glad I started learning Gujarati via classes online. As Shila mentioned, it's very helpful for our religion classes. I would like to recommend these classes as you learn a lot and Gujarati is our mother language and we can't miss such a great opportunity.

Sandhya

Rekhaben and Nitaben, you are excellent teachers, very patient, approachable and all very professional.. I look forward to my Gujarati lessons every week.

Meenaben

I wanted to learn to read and write so that I could eventually read some of our religious texts. I am learning words in Gujarati that I would normally say in English. I am beginning to appreciate that our written language is so beautiful.

Elizabeth

As, an English girl marrying into a Gujarati family, I was always going to find joining in all the chat at family gatherings more of a challenge. I'd long thought that learning Gujarati would be a good idea, but didn't fancy doing lessons alongside children. So, when the online adult classes were offered, I jumped at the chance and am so glad I did. I have really enjoyed the lessons, meeting new people, and learning how to read, write and speak a new language. I've found it hard at times, and still have a long way to go, but the teachers and students are so patient and supportive that it's a lovely environment to learn in. Maybe, one day I'll even be able to help my daughters with their Gujarati homework! I would really recommend the classes, whatever your Gujarati competence level.

There may be many more who wish to join. In order to start a new class, I would request all interested, and for further information, to get in touch with me,

Rekha Shah, Education EC trustee OAUk, via e mail on rekha.m.shah@oshwal.org



Professional service at an affordable cost

C S LAW

Solicitors & Commissioners for Oaths



- Conveyancing (Residential and Commercial)
- Landlord and Tenant Matters
- Family and Matrimonial Disputes
- Wills, Probate and Estate Planning & Lasting Powers of Attorney
- Civil Litigation

Chetan M.L. Shah LLB (Hons.)

2nd Floor, Amba House, 15 College Road, Harrow, Middlesex HA1 1BA
Tel: 020 3910 9000 | Fax: 020 8711 3410 | e-mail: cshah@cslawuk.com
www.cslawuk.com



DROP ME LTD
On time, Every time

Drop Me Ltd provides a safe and reliable minicab service, including the young and elderly.



Khilan Shah

T 020 8243 8574

M 07733 252 391

E khilanshah@dropmeltd.co.uk

W dropmeltd.co.uk



AIRPORT TRANSFERS

Personal and Business, Heathrow, Luton, Gatwick, Stansted, City Airport, Southend



HOSPITALS

Appointments, Treatments for Critical Illness patients, Care Homes, Residential Homes, GP Surgery



EVENTS

Weddings, Parties, Engagements, Corporate, Exhibitions



HOTELS

Private and Corporate Travel



COURIER SERVICE


Delivery of important Business or Personal Documents, Parcels, Gifts



RESTAURANTS

Caterers and Cake Specialists

Financial advice made personal



We recognise that talking about money and finances is personal – sometimes sensitive. So it's reassuring to know that there's someone on hand who can help you address your needs, understand your goals and realise your dreams.

We offer a friendly and approachable service, backed by the strength and security of FTSE 100 company, St. James's Place Wealth Management; and being local means we're here to help whenever you need us.

We can help you with investment, retirement, tax and estate planning – but more importantly, we're here to support you for the long-term, to guide you through life's challenges, to be your trusted adviser and confidante.

Let's start a conversation.

OAKDALE FINANCIAL SERVICES LTD

Partner Practice of St. James's Place Wealth Management

Dipesh Shah DipPFS CeMAP MSc BA (Hons)
Director

Tel: 020 8150 7565 | 07960 568 644

Email: dipesh.shah@sjpp.co.uk

www.oakdalefinancialservices.co.uk



ST. JAMES'S PLACE
WEALTH MANAGEMENT

The Partner Practice is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the group's wealth management products and services, more details of which are set out on the group's website www.sjp.co.uk/products.
The 'St. James's Place Partnership' and the titles 'Partner' and 'Partner Practice' are marketing terms used to describe St. James's Place representatives.



Shradhanjali & Prathna Sabha Service

New online Shradhanjali/Prathna Sabha service in support of the community

The OAWK Shradhanjali/Prathna service will be:

- **sewa** for community by the community
- **enabled** and managed centrally
- **with** a team of talented singers
- **available** to all Oshwal members

OAWK's Zoom is available for prathna sabhas

For information & bookings: Oshwal Centre Office on 01707 643 838

Oshwal Association of the UK | Charity No: 267037 T&Cs apply. See website for details www.oshwal.org.uk

Launched on Saturday 27 February, the Oshwal Association of the UK Shradhanjali/Prathna Sabha Service, is a new sewa initiative. Through this, we will deliver shradhanjali/prathna sabhas, providing comfort to those experiencing bereavement in the community at this challenging time.

The service will be delivered via Zoom with teams of talented singers from the community singing soulful stavans/bhajans and includes the Zoom facility and its management.

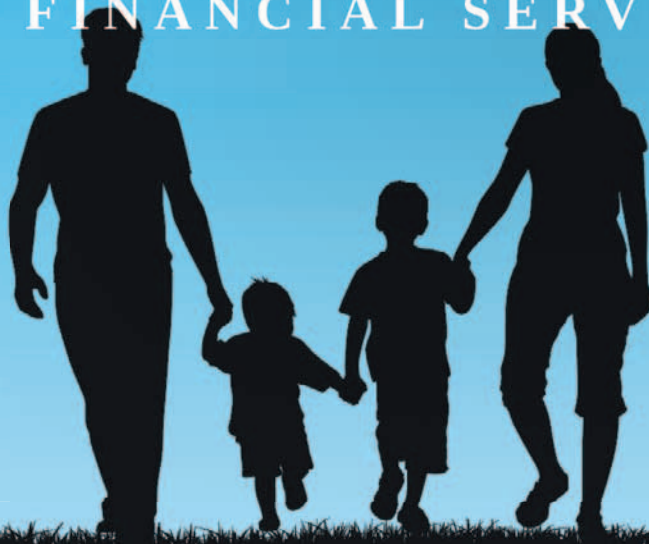
For further information, please contact: **The Oshwal Centre office on 01707 643 838**

ઓશવાળ એસોસિએશન ઓફ યૂકે દ્વારા આપણી જ્ઞાતિના સભ્યો માટે શ્રદ્ધાંજલી અને પ્રાથના-સભા માટે ઓનલાઈન સેવા શરૂ કરવામાં આવેલ છે. આ સેવાઓ આપણી જ્ઞાતિની સંસ્થા દ્વારા આપણા જ્ઞાતિજનો માટે ઉપલબ્ધ છે. આ સેવાઓનું સંચાલન સેન્ટરમાંથી કરવામાં આવશે. આ સેવાઓ હોશિયાર ગાયકો દ્વારા પ્રસ્તુત કરવામાં આવશે.

આ સેવાઓ આપણા ઓશવાળ સમાજના બધાજ સભ્યો માટે ઉપલબ્ધ છે. આ સેવાઓ ઓશવાળ એસોસિએશન ઓફ યૂ.કે.ની ઝૂમ સર્વિસ દ્વારા પ્રસારિત કરવામાં આવશે. વધુ માહિતી અને બૂકિંગ માટે ઓશવાળ સેન્ટર ની ઓફિસના ફોન નંબર **01707643838** ઉપર સંપર્ક કરવા વિનંતિ છે.

KeyLife

FINANCIAL SERVICES



Protection

- Whole of Life
- Income Protection
- Critical Illness Cover
- Private Medical Insurance
- Relevant Life Cover
- Business Protection



Mortgages & Lending

- First Time Buyer
- Homemover
- Remortgage*
- Buy to Let*
- Ltd Company Buy to Let*
- HMO Mortgages*

Our
services
include...



Commercial Finance

- Bridging Loans*
- Development Finance*
- Commercial Mortgages*
- Asset Finance*
- Cashflow Finance*



General Insurance

- Home Insurance
- Landlords Insurance*
- Contents
- Unoccupied Property
- Commercial Buildings*

*Not all of these products are regulated by the Financial Conduct Authority

Key Life Financial Services

Devonshire House
582 Honeypot Lane
Stanmore
HA7 1JS

T: 0207 100 1765
M: 07827 447 272
E: enquiries@keylifefs.com
W: www.keylifefs.com

Key Life Financial Services Ltd is authorised & regulated by the Financial Conduct Authority
Your home may be repossessed if you do not keep up repayments on your mortgage.



Baby Rhino Moreno, the Fight for Justice (1)

Before I talk about the story book, I would like to share with you my aims for writing this book. Firstly, I have always had a lifelong love to help and protect rhinos and elephants from the cruel, barbaric and greedy human pests who constantly poach

them. Secondly, I want to do something to help alleviate the pain and suffering of so many people who have been affected by the Covid-19 virus.

All of the proceeds earned from the sale of this book will go to these two causes.

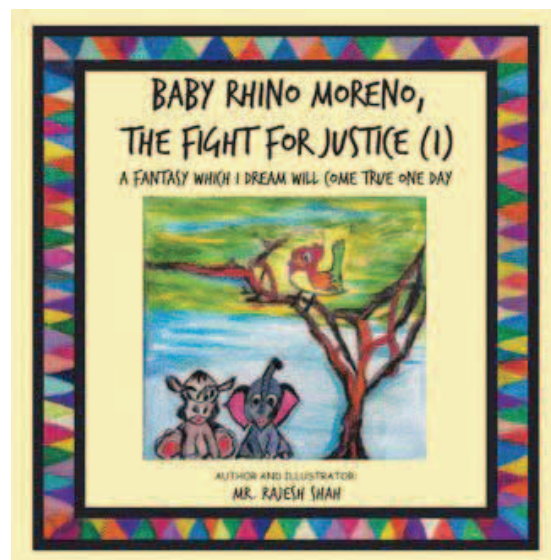
The story is a fantasy dream that turns into a fictional reality of an amazing love for the cherished rhinoceros and also an elephant. Basically, I contrive a tale of three lifelong buddies: a baby rhino Moreno, a baby elephant Ganesh, and a baby robin, Robbie, all lovingly known as the Three Amigos. Moreno, upon learning from his mother, Sita, of an attack, was triggered into the belief of avenging the barbaric slaughter of his dear papa, Kifu, and also his buddy Ganesh's papa, Rajah, by a trio of poachers using the assistance of his close mate Robbie. Robbie has a loyal mate named Steady Eddie, a golden eagle. The story then develops from there whereby Eddie gathers together his entourage of faithful subjects to devise an exciting attack on these dreadful pests. The fairy-tale story has what everyone likes where the hero is the winner annihilating the villains. There is one idea that I love of disgracing these intruders by simply targeting their dignity by cutting off their noses.

This is my first narration that came about after a dream that I had in 2016. The next morning, I frantically scribbled my thoughts of the dream on paper. It depicts my true love for animals of all kinds. Yes, the two figures of the rhinoceros and elephant are drawn by me and depicted in the way shown to bring home to my readers the horrific atrocity implicated by three poachers involved in a horrendous decimation of our beautiful endangered species for the sole intention of making a lot of money, with no due concern for their welfare or survival. They have no pity in their actions. A special thanks to Trupti Shah, my devoted wife, who has shown a selfless, relentless dedication in inspiring me to complete my effort to publish this story. Whilst aware of my neurological disability called multiple sclerosis, together with also being autistic, Trupti has sacrificed her own trials and tribulations to commit to my well-being.

**Rajeshbhai is a qualified Pharmacist with a first class honours degree
Son of Prabhulalbhai & Jasodaben Jivraj Kara Shah**

hello@babyrhinomoreno.co.uk

www.babyrhinomoreno.co.uk





Today the management team of the Voluntary Services of London North West University Healthcare NHS Trust came home to acknowledge and thank me for my voluntary work at Northwick Park Hospital for the last 20 years.

Despite my own disability and being in a wheelchair, I realised other people's needs were greater than mine. I started volunteering in April 2000, every Tuesday and Friday from 6am to 5pm.

My inspiration was my grandmother, who, in

September 1999 aged 92 and with Alzheimer's, was admitted into Northwick Park Hospital because of an infection and dehydration. Early the following morning I received a phone call from the Ward Sister asking me to go in, as my grandmother had not slept all night, kept pulling the intravenous (IV) drip out and was wandering around the ward crying. She was very confused and traumatised because she was in a strange place with unfamiliar faces. I quickly got to my grandmother and managed to calm her down. After lengthy discussion with the ward sister and because of my grandmother's condition, it was decided that the ward would allow me to go in daily at 7am and stay with her till she had fallen asleep by around 10pm. Unfortunately, she was also not allowing any of the nurses to come near her, so with their guidance I took on the duties of feeding her, getting her to hydrate with sips of water, administering her medication, giving her a wash and tending to her toilet needs. She was much calmer with me being next to her. After 21 days and fully recovered, she was discharged home.

However, during the 3 weeks of being with her and seeing the difficulties my grandmother faced, it made me think of how many other elderly patients, with communication difficulties and no family member around, would be in the same situation. This was a real eye-opener for me. Six months later, my grandmother passed away at home and on the day of her funeral, just before the cremation, I said a prayer for her final journey and took a vow to help patients in the hospital in her memory.

Over the years, I have worked with various hospital departments, helping with administration work as well as supporting patients. I was nominated as a Jain representative by the hospital Chaplaincy and became a patient buddy, visiting and supporting in-patients who have few or no visitors. Being able to make them smile and feel loved is so heart-warming. There have also been emotional times when I have been with patients at their last moments, yet it has been very satisfying that I have been able to recite prayers for them. Through my work I have made many friends within the community at large. The management team have been very supportive and appreciative of my work and in 2013 I was given the "Volunteer of the Year" award. My work makes me forget my own pain and it's filled my life with so much inner satisfaction and the reward is priceless. Of course a big thank you to my family for their support and encouragement to enable me to do my work. Unfortunately, due to Covid19, the hospital is protecting all their volunteers, therefore I have not been able to go to the hospital to help since March 2020. I am so looking forward to going back and resuming my work.

Please feel free to share this message with your family and friends so we can inspire everyone to come forward and volunteer.

A little help goes a long way!
Manav Seva is my Dharma!

By: Jatin Amratlal Narshi Manek Shah, London, UK
Date: 27th November 2020

A hospital Volunteer's story prepared by Northwick Park Hospital in 2019
<https://www.youtube.com/watch?v=OaSNxY8D82w>



When the Coronavirus pandemic started in March of 2020, I was halfway through my second year of clinical medicine. We were soon told that all teaching and placements in hospitals would be cancelled with immediate effect. Through the information we were receiving from UCL, hospitals were desperate to ensure they had the staff and resources to be able to continue providing patient care as they normally would. However, this time it was alongside coping with a virus that would near enough take over every ward, affecting patients and staff alike. Such immense pressures overturned operating theatres into Intensive Care Units (ICUs) and redeployed healthcare professionals to unfamiliar departments. To give a better appreciation of this; it meant a paediatric nurse was taking on the role of an adult intensive care nurse, an orthopaedic surgeon helping in ICU because they could no longer operate, and students asked to work in critical areas of the hospital because of the huge influx of unwell patients.

At the time, hospitals in London were under enormous strain and so I applied to work at Barnet Hospital. I had read at the time that ICUs around the country were being pushed to above their limits; they had increased their bed capacities and nurses were no longer able to provide 1:1 care. I had no previous ICU experience, but at this stage it was about how I could use my skillset as a medical student to help. I worked as nursing support staff and was also part of the proning team (a medical implementation to help improve oxygenation levels in patients), whilst continuing with online teaching and preparation for my upcoming fifth year exams. The pandemic had driven the country to a complete halt, but within the healthcare sector it had caused some of the largest pressures that we had ever seen. The frontline of the NHS changed and the effect it had on all areas of every hospital was almost catastrophic. It was far bigger than me, or any of us as individuals, and this was the reason I wanted to volunteer. If I could have made an impact to anyone's life – whether it was brushing a patient's teeth because they were intubated and under deep sedation or relieving the pressure off a nurses' shoulders just by being present, then it was the least I could do.

I wasn't really sure what to expect when I started but I was part of a team who welcomed me and taught me whilst under the stress of doing their own jobs. I saw the care and attention every patient received and emulated this to my own patients. I now appreciate the roles of all healthcare professionals better purely because I saw how so many different teams were integrated into every patient's care. I understand that the small things matter; combing someone's hair, cleaning their mouth and hydrating their lips, as well as understanding how best to support them medically.

The most important thing I learnt during my time in ICU was talking to those patients who were sedated. Initially, it can feel extremely strange to talk to someone who is comatose and looks deep in sleep however it is paramount that in this circumstance we maintain that element of human touch. Often, our voices were sadly the last sounds patients would hear and undoubtedly it was better that they heard the love of real voices and not the beeping of a ventilator.

The truth is, I saw more death and debilitation during my time in ICU than I ever had during medical school. I would go back to my accommodation at the end of each day and see the faces of patients I had looked after. I would return and see empty beds where patients had been lying just the day before. But through this grief, the intensive care environment taught me to build resilience and perseverance. I also learnt not to entirely detach from patients, and that it was okay to hold someone's hand and tell them that their family have been calling in to check on them. It was my duty to someone's parent, grandparent, sibling, to someone's best friend.

Come January 2021, once again, the country has been stretched to lengths almost unimaginable after the first wave of the pandemic; and again, the NHS amongst other key sectors continues to push forward. Currently at Luton and Dunstable Hospital, I have again looked to volunteer in Intensive Care. My experiences have highlighted how every person's role can make a difference. From my colleagues in healthcare to the charities and organisations looking after our most vulnerable and from those who donate food to those in transport services, each role is just as important.

A little, truly goes a long way.

Harshi Shah - January 2021

Final Year Medical Student, University College London



Inspiring grandma keeps family's spirits up through lockdown

Shantaben Devshi Govindji Shah - **Age:** 93
Marital status: Widowed - **Family:** 3 sons, 5 daughters, 17 grandchildren, 8 great grandchildren

We could all learn a thing or two from this 93-year-old granny, who has kept her loved ones smiling through the pandemic with her positive mentality, colorful art and knitted headbands. Despite not being able to see much of her family – and being indoors alone for most of the last 10 months – Shantaben Devshi Govindji Shah, 93, a widow from London, has not let the pandemic get her down.

She has maintained a positive outlook and kept herself busy, writing a diary every day, reading religious books, meditating, crafting, exercising – and spending quality time with her grandchildren in her bubble when she's had the chance. Her second eldest daughter Chandrabala Shah says: "Ba has coped really well with the lockdowns. To keep her busy we have given her some coloring templates and pencils, and she's been doing one a day. We only recently discovered how good she is at art, and she enjoys it a lot. We've been posting Ba's artwork to members of the family and the Ekta art club – it's helped spread some joy!"

Chandrabala also set her mother a challenge to remember and write down all 52 Oshwal villages in India. "It took her a bit of time, but she got them all!" Shantaben looks forward to calls on her landline from her children and grandchildren, and she's also been doing a lot of knitting: making scarves for her great grandchildren and fashionable headbands for the ladies with the help of her youngest daughter, Priti Malde.

"She's creative and she loves to keep busy, so I've enjoyed working on knitting projects with her," says Priti. "Every time we speak to her, Ba tells us to be happy and enjoy life. She tells us to use our voice for kindness, that we've been given eyes to see the good in others, ears for compassion, hands for charity, and a heart for love. She tells us to remember God always. She's very spiritual and after speaking to her you always feel good," Priti adds.

History: Shantaben was born in Padana, India in 1923. She married Devshi Govindji 1948 in India and soon after they adopted Devshibhai's brother's child, who had been orphaned. They immigrated to Kenya the same year and settled in Nanyuki; Shantaben being the only one of her 9 siblings to leave India. The couple's first child was born a year later. They moved to Kisumu and enjoyed a peaceful life in Kenya for 25 years. Shantaben was fortunate enough to learn to read, write and do arithmetic, and she picked up Swahili to communicate with the locals. In 1968, both Shantaben and Devshibhai did a 3 month pilgrimage of the Palitana temples. In 1973, the entire family immigrated to London. Shantaben remained a housewife and attended classes to learn some English; Devshibhai worked at a bakery, and enjoyed cooking and gardening in his free time. Devshibhai suffered a stroke in 1993, and was paralysed for the rest of his life, before passing in 2002. Shantaben has lived alone ever since

Oshwal News Magazine – a new section coming soon Featuring your ‘Achievements’ – ‘a Story about your life’

Since birth we are all learning new things on a daily basis – In our quest for knowledge, sometimes it takes many years to become an expert – i.e. a good Singer, a quality Musician, great Dancer Etc. Topics can be anything – it could be your hobbies, your interests, your education, your business, etc. In this issue you’ll read about Rajeshbhai and his new book, what inspired him? We are encouraging young and old people to come forward and tell us your story

Any Topic - any Subject – anything you want to tell via Oshwal News Please avoid Politics, Religion or Controversial topics

Truptiben is helping OAUK to manage this task

In the first instance please make contact with her either by phone or Email

Mobile: 07539 217764 – Email: trupti.shah@oshwal.org

Based on what space we have available we will print your story/ pictures

Please feel free to call me also – Sudhir Meghji Shah Editor / Trustee OAUK _Jai Oshwal

Home Family Videos

Interviewers needed

Sadly many people are passing away, once they have gone their Story is never told, OAUK is requesting all members to start recording factual and interesting Videos telling the Story of your Parents, Grand Parents etc. – OAUK will keep a central record and build up a Library of all the Videos that we receive. Please make these Videos between 3 to 7 minutes long, when you send these Videos please insert the full name in the subject box

Please send them to:

Sudhir.M.Shah@Oshwal.org

For any guidance please call me on 07785710914

Jai Oshwal



Bhavin Suresh Shah wins two national awards

Bhavin Shah, Behavioural Optometrist, owner of Central Vision Opticians in North London, is celebrating a happy finish to a turbulent year having just won an impressive TWO national awards at year 2020 Optician Award ceremony.

In recognition of the ground-breaking work in helping children who are short-sighted (myopic) to successfully slow down the deterioration in their eyes, Bhavin was announced as the Contact Lens Practitioner of the Year 2020.

His practice was crowned as Technology Practice of the Year 2020 acknowledging his work in using and developing the most advanced technology to detect eye diseases more easily, at an earlier stage and in view of the pandemic, keeping patients safer than before. Bhavin has been using the latest technology to ensure that he can give his patients the best care possible. As an innovator and a technophile, he has also been using his skills to work with technology companies to help shape the future of eye and healthcare

“Looking after our eyes is more important than ever before, our visual habits have changed significantly during the pandemic. I’m so thrilled to be recognised for my work in helping my patients and making a positive impact to their lives”

“I’ve been seeing more patients who have noticed their vision has deteriorated because of working from home and remote schooling. The number of children who have become more short sighted due to remote learning has increased at an alarming rate. Thankfully, we can now help these children.”

Women Cycling Group

Women Cycling Group – Breeze Harrow Group

Would you like to ride a bike? Perhaps you’re thinking of riding to work, taking kids to school or getting a bit more exercise. Breeze is a friendly local programme to help women cycle. We have five trained female ride leaders in Harrow – Alka, Audrey, Jo, Veronica and myself – who take women out for sociable easy rides at a pace to suit you.

Everyone is welcome – all you need is a working bike and the rides are FREE. You need to be able to balance and pedal your bike.



We do beginner rides, improvers and also cater for all other levels of cycling, so register your name on the Breeze Harrow Group <https://www.letsride.co.uk/groups/breeze-harrow-1> and we’ll send you notifications.

This is a group initiative by HSBC : <https://www.facebook.com/breezeharrow/> which anyone can join.



Om Funeral Care Ltd

445 Kenton Road, Kenton, Harrow HA3 0XY Tel: 020 892 23344

OUR SERVICES

- Independent Funeral Directors
- 24 Hours Service
- Home Visits
- Private Viewing in our Chapel of Rest
- Wash & Dress
- Horse & Carriages
- Weekend Funerals
- Flower Arrangements
- Worldwide Repatriation
- Final Dispersal of Ashes in UK
- Priest Arrangement
- Embalming & Hygiene Treatment
- All Religion Respected

For more information Contact Kalpesh Patel (07400604460)



ONE OF EUROPE'S LEADING SAFE DEPOSIT CENTRES

REFER YOUR FAMILY MEMBERS AND FRIENDS AND CLAIM £25*

www.neelkanthsafedeposit.com |  



- PROTECT YOUR VALUABLES
- ENHANCED SECURITY
- AFFORDABLE AND CONVENIENT
- LARGE RANGE OF LOCKERS

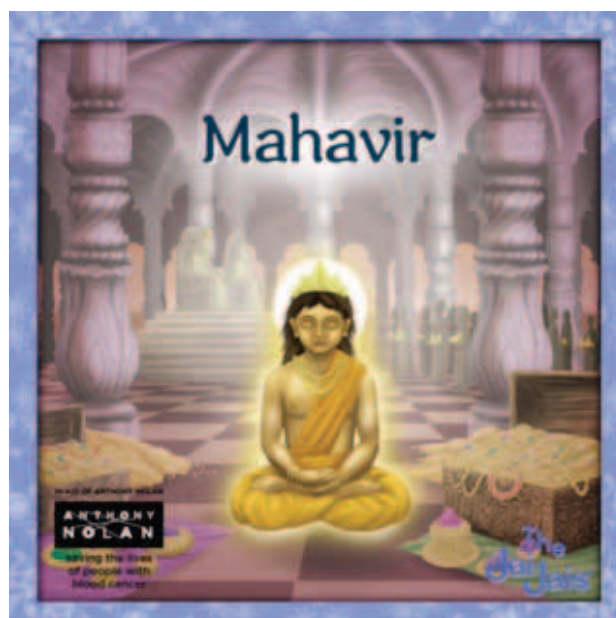
*T & C apply

Southall : 0208 843 9920 / 2, Beaconsfield Road, Southall UB1 1BA
Croydon : 0208 702 8888 / 436 – 440 Brighton Road, South Croydon CR2 6AP



Sunita Mistry Shah is the brain behind *The Jai Jais*, a growing collection of books and educational resources for children centred on Hindu gods and goddesses.

The Jai Jais has become a valuable game changer for educational establishments, especially when teaching Jainism and Indian culture. Along with the books, Sunita has created a set of yoga and mindfulness cards to support teaching staff to deliver yoga and mindfulness to pupils in schools. A new app called *The Jai Jais* has also been created for android and IOS which includes a downloadable book, a set of flash cards summarising the characters, and a Hindu calendar for key festivals. Her blogs Facebook and Instagram @thejaijais have been very popular for adults to understand and share information to their children on various signs, symbolisms and deities. In March 2021, Sunita was awarded an internal award for Excellence in Education, by the international women's' day organisation. Congratulations to Sunitaben - www.thejaijais.com





CHOOSING A MORTGAGE?

Is it the right option for you?

The mortgage market is complex. So how can you make sure you pick the right option for you?

Let us help you.

There are thousands of products to choose from and following changes to the way lenders assess loan applications the process can be time consuming and confusing.

So how can you make sure you pick the right option for you?

It's a daunting process if you're doing it alone.

So let us help you.

We're professionals. We have the tools, market knowledge and, through the buying power of Quilter Financial, access to exclusive mortgage products.



YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE.

To learn more about how we can help contact:

T: 07961487286

E: nishshah@thinkpositive.co.uk

Nish Shah - Insight Financial, Suite 325, Building 3, North London Business Park, Oakleigh Road South, London, N11 1NP



Now is the best time to start your Skincare Journey

Do you suffer with:

- ✓ Hyperpigmentation/Melasma/Age Spots/Freckles
- ✓ Acne
- ✓ Anti-ageing concerns/loss of radiance & skin laxity
- ✓ Under eye dark circles
- ✓ Or would just like to 'revamp/update' your routine?

*If so, why not book in for a **FREE online Skincare Consultation** from the comfort of your own home & at a time to suit you?*

This includes:

- ✓ A thorough analysis of your current skincare routine with education & advice about your skin type/condition
- ✓ A bespoke treatment plan using Medical Grade Skincare
- ✓ Ongoing reviews & support

Contact Sonia Shah:

- ☎ 07769 324114
- 📷 @avenirclinics
- ✉ info@avenirclinics.com
- 🌐 www.avenirclinics.com

Clinics in Northwood & Rickmansworth

Quote:
SIGOSHWAL
for your
Introductory
Discount

Affiliated with



SIGMA

SUPPORTING THE OSHWAL COMMUNITY

West Area



Dear Members,

Hello and welcome to our first magazine of 2021.

So much has happened since last year and many things have changed. Firstly, I would like to thank all West Area committee members for staying on this extra year as we were unable to have elections last year as planned; Shejalben - Chair, Chunibhai - Vice-chair, Urvashiben - Secretary/Youth, Hiteshreeben - Treasurer, Keshubhai - Health & Welfare, Jinitaben - Culture & Heritage, Arvindbhai - Property Management, Dinaben - Media & Comms, Nikeshbhai - Media & Comms, Maheshbhai - Education and Dilipbhai and finally, at the end of last year, we co-opted Dilanbhai as our new Youth portfolio holder.

Hopefully, as soon as restrictions are lifted, we can start using Shakti Centre in all its glory. We look forward to welcoming back all the members.

We would like to thank all the volunteers who have put themselves forward to help the community during the last year. All the volunteers, past and present, as well as all the members' who have supported us throughout these past 3 years we have been on the committee, Pranam. There has been a lot of teamwork and it brightens my heart and brings a tear to my eye to see the amount of support we have had.



Sadly, we have lost some of our members and our sincere condolences to their families, Om Shanti Om.

Ramnikbhai, who was a past committee member sadly passed away this year. He made a huge commitment to being a committee member for West Area and has always supported Oshwal in his life, both his sons have truly followed in his footsteps.

We invite parents to join their children in the Oshwal Gujarati school which has continued throughout last year. Please contact Maheshbhai (07984 624 639) for more information.

Below you will see some of the things that have been happening through the last year.

Regular news and updates for the area and community are sent through WhatsApp group. Use the following link to join: <https://chat.whatsapp.com/2tDhWq7BAnr4dHVFkEP0rL> or contact any committee member.

Warm Regards,

Shejal N Shah

Chair - West Area

GUJARATI SCHOOL END OF TERM/CHRISTMAS FUN AND GAMES – DEC 2020



The first term of this year's Gujarati school ended just before Christmas and on the last day of the term the volunteer teachers and students held an end-of-term fun and games which was different from all the previous years under the circumstances.

Although it was not possible to have a full scale party with food, it was decided to just have a fun session with games and music. The students were very excited and enjoyed the evening so much that they did not even miss the party food.

Remembering the good young days (over 32 years ago) ...



OAUK West Area: 1978 Savantsari Bhojan:- Committee members and volunteers:-

Sitting (from left to right) – Mr Tarachandbhai Chunilal (volunteer), Late Mr Ramniklalbhai Lakhamshi (ex WA chairman)

Standing (from left to right) – Mr Keshavjibhai N (aka Columbo) (WA committee member), Late Mr Premchandbhai Fulchand (ex WA treasurer), Mr Jatinbhai Gulabchand (volunteer), Mr Sureshbhai Dharamshi (volunteer), Late Mr Harakhchandbhai Depar (WA committee member), Mr Vasantbhai (volunteer), Mr Ramniklalbhai Dharamshi (volunteer).

...And a more recent memory



Official Opening Ceremony of Oshwal Shakti Centre 2016:-

(From left to right) - Mr Bhikhubhai Devchand (ex WA chairman), Mr Tusharbhai Jayantilal (ex EC President), Mr Maheshbhai Ramniklal, Late Mr Ramniklalbhai Lakhamshi (ex WA chairman), Mr Raxeetbhai (Rex) (ex EC President), Mr Keshavjibhai N (columbo) (WA committee member).

WEST AREA NEWS

Helping and supporting the local community



With the generosity and support of our West area members and the association, the West area committee has been organising regular donations of food provisions to the Hounslow Community FoodBox. They are ever so appreciative, particularly during these unprecedented times as they are facing well above average increase in demands and especially approaching Christmas time last year. The Hounslow Community FoodBox provides emergency food, support and advice to people living in the London Borough of Hounslow.

MEMBERS CORNER

...And a personal donation too...



Ever so ready to help the less fortunate, Hounslow residents Manjuben and Maheshbhai V Shah decided to top up with their generous donation of food provisions to the Hounslow Community FoodBox.

VIRTUAL BHAKTI SANDHYA



Jai Jinendra and Pranam,

This has been a very difficult time for all of us because of various restrictions, we have not been able to meet our friends and family with some of our elders stuck at home for months.

Even we were missing our get-togethers and meeting everyone at Shakti Centre so we organised Bhakti Sandhya on the last Thursday of October last year on zoom. This way we could at least see everyone virtually and pray for loved ones we may have lost in the pandemic. We received good support from Hounslow, Harrow, Northampton, Leicester and even a couple from Kenya as well.

On request from some of our elderly we tried to make it a regular monthly event and organised another one in November, although have not been able to host in the recent months and we will try and organise this again soon.

Thank you for your support. Stay safe and take care.

Nayna and Ketan Shah
(West Area)

A RETIREMENT WORTH THE INVESTMENT

If you have had more than one job in your lifetime or you've invested into several different pensions, it is likely that you have separate pension pots that aren't yielding as well as they could be. We offer a review service of your pension pots.

We can design an appropriate investment strategy that suits your risk profile.

The value of an investment with St. James's Place will be directly linked to the performance of the funds selected and may fall as well as rise. You may get back less than the amount invested.

VS | **WEALTH
MANAGEMENT**

Contact us today to find out
more and to book a review:

020 8861 1159

vinay.shah@sjpp.co.uk

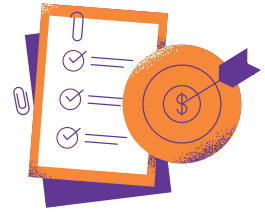
www.vswwealth.co.uk

VS Wealth Management is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the Group's wealth management products and services, more details of which are set out on the Group's website www.sjp.co.uk/products.



PRICE MANN

Accounting | Tax | Consulting
Probate Services



YOUR SUCCESS IS OUR GOAL

Our team of professionals can help
you and your business.



We are thrilled to announce that we have incorporated and are now Price Mann Limited. A new name, a new identity but our values and ethos remain the same.

Shaileen Shah (Director)

Our core values

DEPENDABLE

We deliver our
promises



INNOVATIVE

We seek and share
knowledge & forge
new paths



SINCERE

We treat everyone
fairly & respectfully



CONSIDERATE

We care about our
team & clients



EXCELLENCE

We strive to attain
the highest level of
quality



Contact us for all your accounting, tax, consulting and probate needs.

Price Mann Limited

447 Kenton Road, Harrow, Middlesex, HA3 0XY

info@pricemann.co.uk | www.pricemann.co.uk | +44 208 204 2228



AFP Pinner

Mortgage and Protection Advisers

NO BROKER FEE

Residential & Commercial Mortgages
Moving Home, Remortgages, Buy to Let, Further Advances
First Time Buyer, Self Employed Mortgages, Second Charges and
Equity Release

Life Insurance, Critical Illness Insurance and Income Protection
Plans



WE provide a FREE
30-60 mins
consultation



WE find the best
product for you



WE complete the
application for you
NO FEE



YOU look forward
to the future

SAPNA MALDE: 07534 001865

SAPNA@AFP-PARTNERSHIP.CO.UK

WWW.AFPPINNER.CO.UK

YOUR PROPERTY CAN BE REPOSSESSED IF YOU FAIL TO KEEP UP REPAYMENTS ON A MORTGAGE OR OTHER LOAN SECURED AGAINST IT
 Appointed representative of AFP Partnership Network who are authorised and regulated by the Financial Conduct Authority

INTRODUCING... THE OSHWAL YOUTH BLOG

WE WANT TO HEAR FROM YOU!

BLOGS

RECIPES

LOCKDOWN ACTIVITIES

ANYTHING THAT INTERESTS YOU

(It doesn't have to be written - photos and videos
are welcome too!)

JOIN THE DEBATE!

Want To Get Involved?

Just Email

youth@oshwal.org

www.oshwal.org.uk/category/blog



OSHWAL
 ASSOCIATION OF THE UK

Oshwal Association of the UK Charity Reg. no 267037. T&C Apply. Please visit OAUk website www.oshwal.org.uk for more details.

Required:

- **Accounts & Audit Senior**
- **Mixed Tax Senior**

By Ripe Chartered Accountants whose values include being proactive, bold and having a work life balance.

Looking for an ICAEW/ACCA/AAT qualified senior with at least 3 years' experience to join our small team.

The suitable candidate must be cheerful, proactive, diligent, have excellent communication skill and technically competent with an enquiring mind.

Being computer literate is a given and knowledge of Digita, Xero, Sage & Brightpay are preferred but not essential.

Salary: market rate.

If you meet our criteria, please send your CV to pratima@ripefinancial.com

Northampton Area



Bhikhalal Velji Bid – Chairman.

Jai Jinendra

The situation with the Pandemic is still the same. We are in the third lockdown and restrictions are severe. Hoping everybody is following the Government's guidance rules so that this deadly virus can be eradicated. The only good thing is, when writing this article; the Government has started giving out the vaccinations, shortly over next 12 months everyone will have the vaccine. Sadly, lots of families continue to lose their loved ones either due to COVID 19 or other illnesses. May the departed souls ALL rest in peace. "Om Shanti Om Shanti Om"

Let us give lots of gratitude and gratefulness to all the key workers, who have kept all the services going, All the doctors, nurses, all the other staff members of hospitals, all the carers in the homes have been so wonderful in serving the sick. They have been working endless hours trying to treat and save lives, special thanks to members of public working who work in food stores, sell essential necessities which has kept us all going.

We are lucky to be entertained via modern technology with so many Oshwal online events – Yoga classes, lectures, keep fit classes, cookery demonstration, live musical shows and religious lectures by Jayeshbhai . If you have missed any, you can catch up via you tube channel - Oshwal Centre Potters Bar.

Follow this link to join Oshwal Northamptonshire WhatsApp group: <https://chat.whatsapp.com/1F3Ru2hfCbN19U6JMw2Jw8>

Donations are welcome for Oshwal General Fund and Oshwal Jivdaya Fund.

To join Oshwal 120 Scheme please visit the website: <https://www.oshwal.org.uk/donation/>

If you have not been receiving e-newsletters, and would like to, please forward your email addresses to our Media team i.e. gita.shah@oshwal.org or mona.r.shah@oshwal.org

Gita Shah

On behalf of Bhikhalal Velji Bid, Chairman

Northamptonshire Area

Paryushan 2020

The virtual Paryushan Festivities were broadcasted very efficiently by Ashishbhai and Team. Oshwal Association Northamptonshire Area is commending and congratulating the IT team on carrying out this task brilliantly, whereby all nine areas could take participate and enjoying all these sessions. A lot of Jain followers across the waters also logged in to enjoy this unique event.

Everybody enjoyed Daily Sessions of Morning Puja & Aarti, Morning Bhakti Satsang, Evening Pratikraman, Evening Bhakti and Bhaavna.

Mahavir Jayanti was celebrated with all nine areas participating in 14 Sapnas (dreams) which depicted that Mahavir, when born would be very strong, courageous, and filled with virtues. He would be very religious and would become a great king or a spiritual leader. He would reform and restore religious order and guide all the creatures of universe to salvation. He would also be liberated. The co-ordination for this celebration in all areas members' homes (whoever had won the bids for different Sapnas) was executed wonderfully.

Of course, a huge gratitude is conveyed to all working behind the scenes, Varshaben, Jayeshbhai and all various performers reciting Bhaktis etc who were involved in making this event successful.

Jointly done by OAUk and SCVP, 7 days of children's virtual classes for Paryushan was followed by several children. SCVP also engaged people in performing English Pratikraman which some adults found quite easy to follow and could understand all the steps.

In Northampton there were Tapasvi's as follows:

Gitaben Anil Shah 8 Maun Upvaas

Kanchanben Steve Wade 8 Upvaas

Narendrabhai Manekchand Shah 8 Upvaas

Kumudben Rashmikant Shah 6 Upvaas

Kaushika Ben (Northampton) 3 Upvaas

Latest Events Online

The virtual Paryushan Festivities were broadcasted very efficiently by Ashishbhai and Team. Oshwal Association Northamptonshire Area is commending and congratulating the IT team on carrying out this task brilliantly, whereby all nine areas could take participate and enjoying all these sessions. A lot of Jain followers across the waters also logged in to enjoy this unique event.

Everybody enjoyed Daily Sessions of Morning Puja & Aarti, Morning Bhakti Satsang, Evening Pratikraman, Evening Bhakti and Bhaavna

Mahavir Jayanti was celebrated with all nine areas participating in 14 Sapnas (dreams) which depicted that Mahavir, when born would be very strong, courageous, and filled with virtues. He would be very religious and would become a great king or a spiritual leader. He would reform and restore religious order and guide all the creatures of universe to salvation. He would also be liberated. The co-ordination for this celebration in all areas members' homes (whoever had won the bids for different Sapnas) was executed wonderfully.

Diwali 2020

Rangoli by Riyan Rickesh Haria



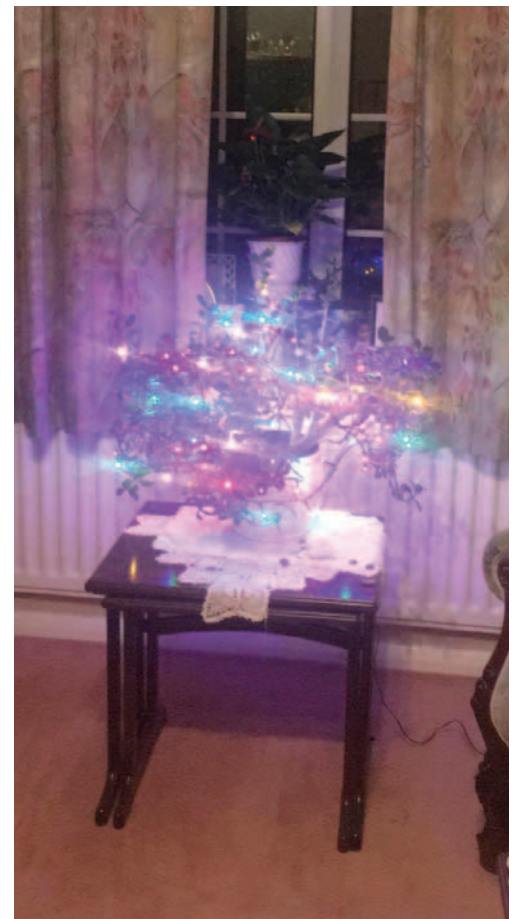
This year has been quite difficult for all. Another lockdown has meant yet again we are very restricted to meet our loved ones, friends. We have not been able to organise any functions/events for most of this year. But we have had a lot of interaction virtually. So, keeping active, having hobbies has been most helpful. Lot of us have developed new interests and have learnt quite a lot in these past few months. Keep learning and keeping active is the key to get through this Pandemic. Keeping our minds active is highly important. Schedule your days with whatever activities you are thinking of doing, which helps a lot. Help elders wherever you possibly can. During Diwali, few of our Northamptonshire Members, young and elders, have kept the spirit going by doing Rangolis, making mithais and savouries.



Rangoli by Shreya Rupen Shah



Rangoli by Kumud Rashmi Shah



Manjuben Bhikhalal - Diwal Lights



Rangoli by Jyotna Naren Shah



Ghughra made by Anju Has Mukh Shah



Monthal by Hansu Rashik Shah



Gulab Jambun by Hansu Rashik Shah



Farshan made by Vasanti Shah



Ghughra and Nasto made by Usha Ashok



Mithai made by Vasanti Shah



Mithani and Farsan by Sarla Subhash Shah



Mithai made by Hansaben Jayantilal Shah



Kitkat Barfi and Ghughra by Jyotsna Naren Shah



Mithai made by Kumud Rashmi Shah

South Area



Jai Jinendra

A year has passed since the start of the Pandemic. Many of us have lost loved ones due to the virus. It has been a challenging year for a lot of people. We have had to adapt to new ways of doing things, working from home, home schooling, the only way to see loved ones has been through video calls.

It does look like we will be able to return to everyday life shortly. At the time of writing, many of the over 70s have to receive the vaccines with more on the way.

Throughout the Pandemic OAUk have been busy serving the community in many ways

At the beginning of the Pandemic, OAUk delivered over 20,000 meals to hospitals through the nine areas. We helped those charities in need.

With the help of members donations, we have distributed £2500 to various charities in our area. Brief details are given below.

Huglets Farm - £500 was donated to a place that looks after animals that would usually be destined for slaughter. Please take your family to the farm; you will see how much care they give to the animals.

Croydon Night Watch, £500 was donated so they can provide hot food, shelter and dignity to the homeless people in Croydon,

Food Banks, We have provided £1,000 worth of food to the foodbanks who help those unable to buy the daily necessities.



St Christophers Hospice provides suffering from terminal illness care and support for them and their family free of charge.

South Area has taken the lead in many ways. Our Gujarati School continues to be an example for other schools. In these challenging times, the school has carried on and an increasing number of students. Huge credit needs to the teachers and volunteers who support the school and its pupils every week.

We have also engaged with SEWA local Gujarati communities to deliver meals to the elderly and vulnerable.

Several other groups also participate in this, so each group/ organisation takes it in turn to prepare. All participating groups provide 50 meals each week.

Oshwal volunteers have prepared the meal three times to date, and the next one is due on 3rd March.

We are allocated the food items to be prepared, and the committee coordinates all this to ensure that the meals are ready to reach the recipients.

South Area



Some of the feedback received from those preparing the food:

“I am so happy to be able to help others.”

“Making a batch of rotlis had brought wonderful memories of making them as part of the extended family.”

Some of the feedback from the recipients

“God bless to all Sewa Kitchen volunteers for excellent food and service...”

“your food is tastier than meals I pay for from someone. Thanks to all.

“I eagerly wait for Wednesday, and it lasts me for two meals” in his own words
Wonderful sewa, during such trying times

The food is prepared by volunteers who do not ask for a payment, and the meals are delivered at no charge to the recipients.

This illustrated the joy in doing such Sewa. The rewards are enormous for everyone.

If you would like to help with any aspect of this, especially regularly, please get in touch with Maiuri or me.

Our members have been kept entertained, educated and informed throughout the Pandemic. This is not an easy task; a lot of planning and effort goes into bringing professional quality programs at no cost to our members. We will continue to bring these programmes as long as people want them.

If you are a resident in the South Area, please join our WhatsApp group for regular updates on happenings in the area.

Paresh Raishi Shah

South Area Chairman

Paresh.shah@oshwal.org

07958 213 075

North East Area



Pranam, Jai Jinendra, Hello, and Hi..!

It seems like a lifetime ago I wrote to you. The North East area committee and I hope you are all keeping safe and well during these exceptional times that has affected us all. The past year has shaken us not only locally, but globally.

We have all been impacted by Covid-19 and the life we have had to live has significantly changed. For some, being indoors with their loved ones has brought immense joy and those humans have made the most of this time however, for others, being constrained and restricted has been hard and had meant many have faced both physical and emotional challenges.

We have had to make great changes in our lives to help fight this pandemic and save lives. It has been extremely positive to know and see that so many humans across the globe, across the UK and across our very own OAUk have taken it upon themselves to help others. Those that can, we have seen join in helping the elderly, the vulnerable and those who need help and support.

Within our own area we have had volunteers who have given their time to speak to others on the phone and be a friendly and caring voice and others who have delivered food to the elderly and vulnerable. To those volunteers who have supported in helping our North East area members I wholeheartedly Thank You.



In December, the North East Area committee as well as North East Area volunteers made and distributed mithai and home-made biscuits to all area members over the age of 79. A total of 90 members received these boxes.

Dips Catering provide the Mithai and was donated by Ramaben and Ramnikbhai. The home-made biscuits were made and donated by Binduben Nilesh, Hansaben Ramesh, Madhuben Amritlal, Puspaben Jayantilal, Sushiben Anil and Sushiben Ramnik. Thank you to all who helped us in making and delivering these to our members.

Since Covid-19 began in early 2020 we have lost many loved ones. The committee and I would like to pay our respects and pass on our condolences to all families and friends who have suffered a loss.

I would like to pay tribute to two amazing human beings who sadly we have lost so suddenly;

- Hansa Ramesh Shah who is the Secretary and Office Bearer of the North East Area committee and has also devoted over 30 years of service to OAUk in Sakhi Mandal, Gujarati School and much more.
- Ratilalbhai Vidhu Pethraj Shah who was elected as the President of the OAUk in 1982. He was also a Trustee of the Relief Board advising the Office of the Board of Oshwal Association of the UK.

The committee and I would like to pay our respects and pass on our condolences to Hansaben and Ratilalbhai's friends and families during this difficult and unexpected time. OAUk Thank You Both for your services throughout the years and the motivation and dedication you showed to OAUk for so many years. Both Pillars of the North East Area and the Oshwal Association of the UK, you will never be replaced, you are two humans who others will look up to and hopefully the OAUk continues to thrive just as it did with your services.

Finally, I wish you all the best during this time and Thank You all for your continued support to the society, to each other and to our community.

Stay Safe, Stay Healthy and Let's Work Together on Fighting Against Covid-19 and Saving Lives.

Nish

EC Trustee and North East Area Chair



હંસાબહેન રમેશભાઈ કોણ હતા ને કેવા હતા હંસા એટલે હસમુખું....



૨૧/૦૪/૧૯૪૯ - ૦૮/૦૧/૨૦૨૧

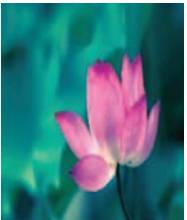
આ બાગમાં નોર્થ ઈસ્ટ પરામાં એક મધમધતું ફૂલ ખિલ્યું. ફૂલ જેમ સુગંધ, મહેકતું અને શીતળતાથી ભરપુર હોય તેમ અમારા આ ફૂલની કળી હંસાબહેન સદ્ગુણોનાં રંગે રંગાયેલા હતા. આ ફૂલની કળીમાં દયા, ભાવ, હિંમત, સત્ય, વિનય, વિવેક, ભક્તિ, હસમુખ મુખડું, પ્રેમ અને લાગણીઓનો ભંડાર સમાયેલો હતો. તે જ્યાં જતા ત્યાં તે પ્રેમના અને આનંદના પુષ્પો પાથરતા હતા. કૌટુંબીક વાત્સલ્ય, સ્નેહાય તથા મળતાવડો સ્વભાવથી અને મિઠી વાણીથી તેઓએ દરેકના દિલ જીતી લીધા હતા.

“જે જન્મે છે તે અવશ્ય મૃત્યું પામે છે
જે ઊગે છે તે જરૂર આશ્રમવાનું છે
જે ખિલે છે તે જરૂર કરમાવવાનું છે
અને જેનો ઊદય છે, તેનો અસ્તું નક્કીજ છે
જીવન એવું જીવી ગયા કે ચોમેરે સુવાસ પ્રસરાવી ગયા.
કર્તવ્યો એવા કરી ગયા કે, સૌન હૃદયમાં ફેલાઈ ગયા
મધુર ગીત બની રોમ રોમમાં ગુંજી ઊઠ્યા તે”

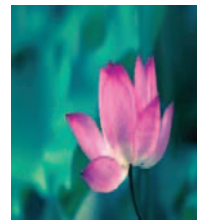
છેલ્લા ૩૦ વર્ષથી તેઓ નોર્થ ઈસ્ટ પરામાં તેમની સેવા આપી રહ્યા હતા. જુદી જુદી કમિટીમાં કામ કર્યા હતા. સખી મંડળ, ગુજરાતી નિશાળમાં શિક્ષક અને છેલ્લે આપણા પરામાં સચિવ તરીકે તેમણે કામ નિભાવ્યું હતું. સહુથી પહેલી ઓશવાળ બાળ મંદિર, હંસાબહેને, ભાવના બહેનની મદદથી શરૂ કરી હતી. તેમને બાળકો ખૂબજ વ્હાલા હતા ને તેમની પાસે આપણા પરામાં ઘણા બાળકો ગુજરાતી શીખી રહ્યા હતા.

“જ્યાં કામ ત્યાં હંસાબહેનની હાજરી તો હોયજ”

છેલ્લે ઘણા વખતથી તેમના પર, પરાનો બહુજ કામ હતું તો પણ હસતે મુખે ખૂબજ સરળતાથી કામ પુરું કરી લેતા. મહિના પહેલા આપણા બધા વડિલોને પોતાની જાતે ઘેરઘેર જઈને સાધર્મિક ભક્તિ કરાવી. આવું કામ કરવાનો મોકો તો એક ઉત્તમ આત્માને ભાગ્યેજ આવે. અને એ હતા આપણા હંસાબહેન, જેણે ખૂબજ હસતા મૂખે સમાજ સેવા કરી છે. છેલ્લે મોક્ષની સીડી ચડવા માટે પણ કેવો દિવસ શોધ્યો. પોષ દશમી માગશર ૧૦ જ્યારે પાર્શ્વપ્રભુના દ્વાર ખૂલા હોય. પરમકૃપાળુ પરમાત્મા આ દિવ્ય આત્માને ચિર શાંતિ આપે ને જલદી મોક્ષ માર્ગ મળે.



“માયાળુ મુખડું ને મીઠી નજર, વાત્સલ્ય એમા છલકે સભર
યાદ તમારી સચવાઈ રહેશે, હૈયામાં હરપલ
હંસાબહેન તમારે ચરણે ધરીએ, શ્રદ્ધાંજલી ના ફૂલ
શ્રદ્ધાંજલી ના ફૂલ... શ્રદ્ધાંજલી ના ફૂલ...



પુષ્પા જયંતિલાલ શાહ (નોર્થ ઈસ્ટ એરિયા ધાર્મિક અને સાંસ્કૃતિક અને વારસો અધ્યક્ષ)
તથા નોર્થ ઈસ્ટ એરિયા સમિતિના સભ્યો



Mr Ratilalbhai Vidhu Pethraj Shah



There are few people around us who have achieved more than an average person. Ratilalbhai Vidhu Pethraj Shah was one such person.

Born in Nairobi, Kenya, Ratilalbhai spent his university days at Sunderland University studying Pharmacy. He was one of the first Oshwals to Graduate as a Pharmacist in 1959. After spending some time in Kenya, he returned to UK in 1973 to run the family Pharmacy business.

Ratilalbhai had been interested in our community's affairs since his childhood. He used to say that our community is great and has achieved so much in Kenya, India and UK but there was a long way to go and he wanted to engage and involve the younger generation to keep the interest going in keeping the Oshwal identity. Ratilalbhai has been involved with the Oshwal Association of the UK in one form or another since 1977, initially elected as NE Area committee member and then became the Secretary followed by the Chairman of the NE Area.

He was elected as the President of the OAUk in 1982. He was also a Trustee of the Relief Board advising the Office of the Board of Oshwal Association of the UK.

He retired in 1996 but worked as locum Pharmacist for about 7 years after that. Finally, he helped his wife Chandriben, to establish the Bounds Green Satsang Mandal and was active in the practice of Jain religion principles which gave him inner peace of mind and body.

Ratilalbhai passed away peacefully at his home on Wednesday, 27th January 2021 while listening to Chandriben reciting Navkar Mantra.

Rohit Bidd - North East Area Welfare Chair

North West Area



Jai Jinendra & Pranam,

Hope you are all keeping well and staying safe. Covid 19 has created a pandemic around the world with many of us affected in our everyday life. We have seen various full or partial lockdowns up and down the country. Some of us have lost family and friends. We have not been able to pay our respects in person.

All our internal various activities held at Ekta Centre are missed by all those who were regularly attending. Reactive 8 our youth sports club stopped activities at Harrow Leisure Centre. Gujarati School has continued online.

In October 2020, North West Area committee co-opted 2 committee members. Prafulaben Shah & Neeraben Kalpesh Haria. Prafulaben has been appointed to the Secretary's position and Neeraben has been appointed as Education Chair.

OAUk has been very active organising various online functions to keep our members occupied during these difficult times.

Our Culture and Heritage committee organised Online Kismaz Bake n Fun on 20 December 2020 and also organised online Antakshari on 24 January 2021 to celebrate India's Republic day. Both the events were well received and a full report on both events is on the subsequent pages.

Gujarati School also prepared Online Diwali programme together with other areas and Christmas was also celebrated online.

Arts & Craft club headed by Bijalben under Culture and Heritage portfolio has been busy teaching members with various art works.

Our Media Team has been fully supported by Dilipbhai who has been very active with various OAUk Online programmes and sending out messages via WhatsApp to keep our members informed of forthcoming events.

On behalf of the North West Area Committee, please stay safe.

Nilesh Dhanraj Shah
North West Area Chairman

Helping those in need with charity donations

The EC allocated £1,000 funding to every area recently to make charitable donations to help those in need. During December 2020, North West Area is proud to have supported three animal sanctuaries and donated much-needed food items to two foodbanks in the boroughs of Brent and Harrow.

We made Jiv Daya donations to three UK organisations involved in sewa of animals. £150 each was donated to Hugletts Wood Animal Sanctuary, West Sussex, Hillside Animal Sanctuary, Norfolk and Coppershell Farm Sanctuary in Wiltshire.

All of them provide excellent sewa supporting animals in their care – many of whom are abandoned or rescued from slaughter.

At Hillside Animal Sanctuary, we contributed towards bales of hay and bags of nuts as feed for the cattle. For Hugletts Wood Animal Sanctuary, our donation will be used to care of many of the long-term residents of this vegan farm and at Coppershell Farm Sanctuary, the team will be using our funds to help with feeds and vets bills.

Shockingly, in the UK more than 14 million people are living in poverty – including 4.5 million children. Foodbanks have had an incredibly positive impact during 2020 and the lockdowns – working locally and at grassroots level, they are often best placed to identify need and help those most at risk of going hungry. The Covid-19 pandemic has created a whole new group of people starting to need help from foodbanks including those who once had a steady income and good jobs.

So, from our £1,000, North West area also made Anukampa donations and helped two local foodbanks to supply food parcels.



Harrow Kitchen collecting their bulk food donation

In Brent, we worked with Chalkhill Community Centre and Haraka Youth project – a collaboration between two organisations who collect food items from local supermarkets and other donations and volunteers distribute food boxes to needy families in and around Wembley, Preston Road, Kingsbury and nearby areas



Volunteers at Chalkhill Community Centre making up food parcels ready for distribution



Food boxes ready for delivery

We helped the Harrow Kitchen with bulk food donations of rice, tea bags, pasta and cooking oil – the project distributes food parcels to those in need in North West London every Friday from the site near Harrow Leisure Centre. With the donations we provided they were able to make food parcels for over 100 families.

Bulk donations of rice, tea bags, pasta sauces, pasta and cooking oil were made – volunteers at the project make up parcels from this and boxes are ready for collection or delivery twice a week from the foodbank which operates from Wembley Park.

During December the team working from the Chalkhill Community Centre (all volunteers) helped more than 500 families living on the breadline and these donations made a huge difference to them.

Gujarati School

Jai Jinendra and Pranam,

As we all know 2020 has been a very tough year for all of us, but we have pulled through together and ushered another year of hope and new opportunities.

North West Education Team started its Gujarati School Academic Year 2020 / 2021 in September 2020 with



online virtual classes with an amazing support from our respective Teachers, Children, Parents and our IT Team. The biggest drive for our Education team have been our young children who have showed great perseverance in these tough times.



Together with hard work, they did not let the pandemic stop them from showing off their amazing colourful talent on our very first Virtual Oshwal Diwali Celebrations held via Zoom on 07 November 2020.

All the children starting from as young as 5-year-old to 14-year age group made beautiful cards, decorated Diwali thali's, sang Diwali songs, performed play and



made it the most colourful and joyful celebration of the year.

We also celebrated Virtual Christmas in December with Christmas cards and songs.



This year, we have 7 GCSE students who are preparing for GCSE Gujarati Exams 2021.

Lastly, I would like to extend my gratitude to our Teachers for their hard work, volunteers who have stood by and our IT Team for their patience.

Thank you

Neeraben Haria

Education Chair – NW Area

Kidzmas bake 'n' fun!

We hope you are all keeping well and staying safe.

The current lockdown has meant that all our regular weekly and monthly events have had to be cancelled. But, with the help of technology and embracing the future with a positive mindset, the North West committee have been able to bring you a variety of events online.



Bringing these events to the community helps to keep us all motivated and encourages the wealth of hidden talents within the community from all age groups. This has also encouraged our younger generation to step forward be it with their baking, singing or arts and crafts.

With this in mind, we created a Christmas themed bake and fun event starring some talented young chefs and entertainers on Sunday 20 December 2020.

The first to bring us joy was the adorable baker Kai - the son of Kathryn and Paaras Jyotindra Dhanani.

Kai is 8 years old and developed a passion for baking from a very young age. Oozing with enthusiasm and confidence, he showed us how to make delicious vegan gingerbread biscuits from his amazingly decorated santa's grotto.



The next two- - baker and quizmaster - were the siblings Shyam (7 years) and Neya (4 years) – children of Shyam and Neya children of Dipa and Mirav Mahendra Galaiya. They have both been baking treats from a very young age – they baked and beautifully decorated some cupcakes, which looked so scrumptious.

Shyam and Neya then hosted a wonderful Kahoots quiz with great wit and with many tough brain teasers including whether an 8 year old is smarter than an adult - we will let you work this one out for yourself!

Finally, Trishla Dhanani - our amazing compere for the show, (daughter of Kirtida and Mayur Premchand Dhanani), who engaged with all the children and also wonderfully captured the audience's attention.

To get us all into the Christmas spirit and encouraging group activities, Trishla led an easy to follow demonstration on how to make two different types of Christmas wreaths. After the show we were pleased to receive several images of wreaths that audience members and their children had made. A huge well done to everyone!

This show was a resounding success and we have had many requests to do something similar again in the future. So, now's your time to shine... Do you or anyone you know (children) have any specific talents that you would like to showcase? Please contact any of the North West Committee members with details. We look forward to continuing these events for children by children.

If you missed the event you can watch it on the Oshwal YouTube channel.

Keep safe and take care.



Republic Day Celebrations with Antakshari



On Sunday 24 January 2021, Oshwal Association of the UK celebrated India's 72nd Republic Day.

Six savvy Oshwal teams from around the UK joined our very emotive Republic Day Celebrations with a lockdown Antakshari competition.

The teams who took part were:

Luton (Team Divas): Sitalben Ajitaben, Bijlaben and Bhavnaben

Leicester (Leicester Group): Bhavnaben, Maduben, Lataben and Dravinaben

West Area (Team Mahavir): Naynaben, Nitinbhai, Binduben and Jyotiben

South Area (Mahul Bollywood team): Mahulbhai, Mahendrabhai & Sarojben

North West (Hum Hindustani): Rakheeben, Niluben, Kusumben and Monicaben

East Area (Team Dosti): Lataben, Narrotambhai, Tarliben and Pragnaben

Although it was freezing outside with freshly fallen snow, it was a glowingly warm event as we heard the teams sing beautiful and very emotive desh bhakti songs from Bollywood including some 'bhooli bisri yaadein'.

Team Divas from Luton area represented by Sitalben, Ajitaben, Bijalben and Bhavnaben were crowned champions of the 'first ever' Oshwal online Antakshari competition after five rounds which included a words, picture and audio round.

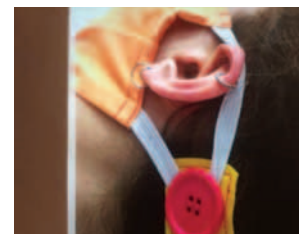
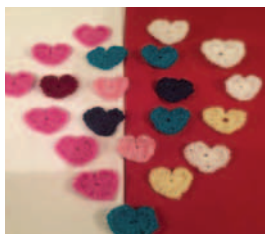
Second place went to Team Mahavir from West area represented by Naynaben, Nitinbhai, Binduben and Jyotiben.

Third place was for Mahul Bollywood team from South area represented by Mahulbhai and his parents Mahendrabhai and Sarojben.

Amendment



In Oshwal News Magazine dated August 2020, for Paryushan - under the NW Area pages 69 & 70, an article was printed called 'Connecting Hearts' this was written by Suniben Mahendra Shah, but due to an error on our part we had missed off mentioning her name and her photo – our apologies for this error. OAUk sends thanks to Suniben





The Republic Day celebrations and Antakshari event was organised by North West Area and delivered by the Culture & Heritage a sub-committee members Vinaben Dhanani and Mahendrabhai Chandaria, with help from committee members Nileshbhai, Jayubhai, Dilipbhai and Prafulaben.



Our grateful thanks also to volunteers Ketanbhai and Pradeepbhai for help provided. The team were supported by our fantastic web casting / Zoom team which included Dilipbhai and Prabhben.

The two-hour event was live telecast on Youtube and was watched by an audience of more than 500 as the teams battled it out on Zoom. The compere was Prafula Shah, Secretary of North West area and there were soulful desh bhakti song performances by Ketanbhai Dhanani, Palviben Shah and Pradeepbhai Dhanani

A great time was had by everyone and a lot of positive feedback received with requests for more events like this in the future.



A E G I S L I F E

FINANCIAL SERVICES LTD

Providing advice on the most suitable insurance to protect you,
your family, your business and your valued possessions

PERSONAL PROTECTION

Life Insurance | Critical Illness | Income Protection

Private Medical Insurance | Over 50s Life Cover

Whole of Life Cover* | Gift Inter Vivos*

*The above 2 products can be used for **Inheritance Tax (IHT)** planning purposes;
however, please note that we do not provide advice on IHT planning.

BUSINESS PROTECTION

Relevant Life Insurance | Key Person Cover

Business Loan Protection | Group Medical Insurance

Shareholder/Partnership Protection | Executive Income Protection

GENERAL & COMMERCIAL INSURANCE

Home Insurance | Property (Landlords, Residential & Commercial)

Fleet Insurance | Shop/Office/Business Insurance

Public/Employer's Liability | Professional Indemnity

Fluent in Gujarati, Hindi and English



+44 (0) 20 3848 7484

+44 (0) 7824 617 751

yogesh@aegislife.co.uk

www.aegislife.co.uk

Stanmore Business & Innovation Centre
Howard Road, Stanmore HA7 1GB

Registered in England & Wales. Company Number: 11259488 | Authorised and Regulated by the Financial Conduct Authority

North Area



Jai Jinendra

The committee and I hope you are all well and coping during these unprecedented times. There will be many more twists and turns as we try to find a path back to some sort of normality. Eventually the good times will return and we look forward to the day we can all meet again and pick up where we left off.



My thanks to Kunteshbhai who together with our Gujarati School headteacher Neelamben and all the teaching staff have continued to provide excellent Gujarati education to their students.

Please encourage parents and their children to sign up for our Gujarati School. It is one of the best schools in the country and has something to offer everyone – adults and children. I hope we will be back at Woodhouse College for classroom based teaching in September.

Sadly one of our most dedicated teachers Rammaben passed away and below is a short obituary on a truly amazing woman.

Late Ramma (Ramila) Mahendrakumar Raichand Shah

DOB 10/06/1946 – 2/11/2020 (74 years)

It was a great loss for our North Area Gujarati School. When we heard the heart-breaking news of Ramilaben's farewell from this world. She was a very dedicated, enthusiastic and a long serving teacher.



She joined the North Area Gujarati School in early 90' and have worked under different Education Chairpersons and Headteachers. She was an excellent teacher who had a passion for teaching children.

She mostly taught class 7 and supported them in year 8 through GCSE. She always worked hard and tried her best so children would achieve a good result.

Ramilaben thoroughly enjoyed her job and was always punctual and hardly took time off from her work. Over the years she attended all the training sessions and helped with variety shows and extracurricular activities in the school.

She was a very kind, calm, confident and quiet person who was loved by all the children and colleagues. A great loss for our children and the community. We will always remember Ramilaben and miss her a lot.

JIV DAYA

As part of an EC initiative to have all nine areas donate funds to local charities, the North area committee decided to donate £1000 to the following three local charities.

Enfield Wildlife Sanctuary (WRAS) £200

Homeless Action in Barnet £500

Barnet Food Share £300.

North Area – Remembering the good times! They will return!



North Area – Remembering the good times! They will return!



Luton Area



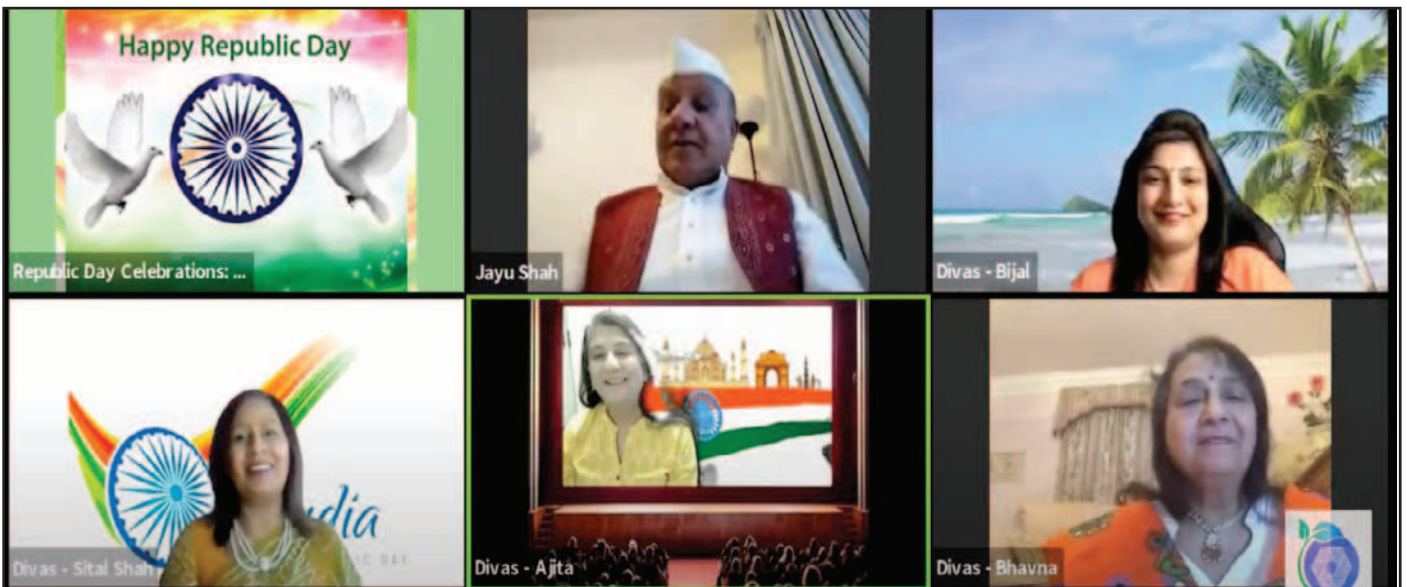
Jai Jinendra, Pranam

Hope you and your families are keeping well and safe during this covid-19 pandemic. We are all facing unprecedented challenges and some of you may have lost a family member, friend or a colleague. May God give you strength to cope with the loss of your loved ones.

We appreciate the support of members in watching the online events organised by OAUk. A huge thank you to all those who have donated or sponsored during the online events.

Congratulations to Luton Area Team Divas in coming 1st in the online Antakshari programme held on 24th January 2021. The participants who took part were : Sital Vimal Shah (Team Leader), Bhavna Bharat Shah, Ajita Rajesh Shah (Committee member) and Bijal Hitesh Shah.

Their excellent team work, enthusiasm and wonderful singing, led them to be the winners.



OAUK Sewa work during December 2021

Jyoti Sandeep Sheth and Sandeep Sheth delivered food to Luton Food Bank on 15th December 2020.



Ajita Rajesh Shah and Nita Pankaj Shah visited the Animals at risk Shelter and were very impressed with the work undertaken by the owners in looking after the animals. A donation was made to this shelter on 31st December 2020.



Pankaj Zaverchand Shah and Nita Pankaj Shah delivered food provisions to Noah Enterprise – Welfare Centre on 21st December 2020. Ricky organised donation to Helipad at Luton and Dunstable Hospital (donation made on 31st December 2020).



Nita Pankaj Shah
EC Trustee and Luton Area Chairperson

Leicester Area



Jai Jinendra,

For many of us the past year has been quite challenging due to the pandemic. Day in and day out, we were inundated with alarming news as the virus got a grasp of our lives. The virus has taken hold of some of us causing days of ill health. Unfortunately, others may have had to bear tragedies within their immediate families, friends or work colleagues. On behalf of the committee, I wish to express our sincere sympathy to all of you who have lost loved ones.

However, it is from such adversities as this pandemic that we understand the world a little better and experience new beginnings. Technology has allowed us to remain connected with our social networks, offered a sense of 'telemedicine' and enabled us to carry on in our daily work to a certain extent. We have got accustomed to attending religious discourses from Oshwal Centre or the numerous webinars from all over the world, thanks to technology.

But we must not forget that the manner in which the virus has spread confirms beyond doubt how we are all connected physically too. The importance of this social fabric has never been understood, emphasised & needed more so now than before the pandemic. Neighbours would have shopped for each other, some would have provided meals to the key workers whilst a whole family would have simply sat down together for a cup of tea in the afternoon during lockdown - a rare occurrence in many homes before the pandemic.

Whichever way we look at this pandemic, I am sure we all feel a new sense of appreciation of how we are carrying on despite all the odds. Hence, this is a short message of gratitude to all those who have given selfless service to help organize and run events online, to those who continue to support by way of participation or donations and to those who carry on working to keep the Association running.

We also appreciate the hidden heroes who have volunteered their time anonymously giving service outside our community too. From the hundreds of our Oshwal key workers who have stepped outside their work zones extending their services selflessly to those who have been part of local community groups reaching out simply to make a difference – Thank You from all of us.

Nikunj Shah

Jai Jinendra,

I hope you and your families are keeping well and safe during this pandemic. 2020 has been a very difficult period having a major impact on our daily lives and routines. Over the past year from around the start of the pandemic we in Leicester Area, as in other areas of OAUK, have sadly lost some of our community members through Covid 19 or other reasons. As we have not been able to pay our respects personally, we would like to express our heartfelt condolences and pay a tribute to the families affected by the loss of:

Jivraj Makanji Shah, Rambhaben Govindji Shah, Ashit Gulabchand Shah, Hasmukh Govindji Shah, Ratanben Jivraj Shah, Vanitaben Liladhar Shah (Birmingham), Velji Makanji Shah, Jayant Mulchand Sumaria, Radiatben Zaverchand Sumaria (Birmingham), Bharatkumar Mulji Shah, Chandrakant Ratilal Hemraj Shah

We pray that the departed souls rest in eternal peace and give strength to their loved ones to come to terms of their loss. Om Shanti, Shanti, Shanti.

I wish you all the very best during these difficult times, hope to meet you all again when it is safe to do so and to keep moving forward.

Stay safe.

Jyotika Gudka

M&C, OAUK - Leicester Area

The Shahs of Burton – Finding comfort in giving

In 2001, Mital Shashikant Shah's career led him to move to the picturesque village of Burton upon Trent from Cork in Ireland. After marriage, Binita joined him in 2002 and together they raised Neev and Viyan. Unfortunately, Viyan passed away in 2018 after a long battle with a brain tumor. Despite all the odds the young family have been through, they have embraced their faith in Jainism and continue to march ahead. Now with a pet dog, "Simba Shah", they are popularly known as the **Shahs of Burton**.

Burton HOPE (Helping Our People Eat) is a charity for the local community in and around Burton Upon Trent. It is 100% staffed by local unpaid volunteers and 100% funded by donations from local people and businesses. Their work focuses on those vulnerable people in need within the society, homeless to elderly, that struggle to get the help they need from anywhere else.

A couple of years ago, when HOPE held a memorial event to mark the anniversary of the sad passing of 7 year old, Viyan, the Shah's joined in to help the local community. They have integrated so well that Simba Shah is now HOPE's official mascot!



Especially since the pandemic, the Shahs have been helping to deliver food parcels to the needy and those in isolation. On weekends they have been assisting other team members at HOPE Outreach for the homeless, who are accommodated currently, but still have no food to feed themselves or their families. Talking of what they witnessed, Binita said, *"It's been an eye opener for us as a family to see so much poverty."*

Neev, 12 years old, is the youngest volunteer giving her time for the benefit of others. She helps with organising food tins in the stores, arranging them as per their dates, making & delivering food parcels.

"It was quite shocking to see how unfortunate people are out there. I told my form at school and they were all willing to donate food, which was really kind of them," said Neev as she roped in her friends to help collectively.

Talking of her experience of volunteering, she said, *"It has helped me with my confidence as I was quite shy before and would not even ask for a glass of water at a restaurant and now, I can ask for 3 glasses of water and ice! This has helped me with my organisational skills too."*

Referring to the pandemic, she added, *"During the current Covid-19 situation, I am so privileged that I have been able to continue volunteering with HOPE. Together with my parents and the HOPE team, we are helping people by collecting donations and delivering food parcels to those in need."*

For the **Shahs of Burton**, Binita summed up, *"We are so glad that we have been able to give something back and will continue to do so. It is so nice to bring a smile to those who have very little to smile about. It's given us so much comfort, especially during the pandemic when we have no family near us, to be able to help out in the community."*



East Area



Jai Jinendra and Pranam to al

Our Prayers for those souls who have left us be in eternal peace and God give strength to the family members to face this loss. For those who are not well our prayers for their speedy recovery.

I would like to thank all those who have volunteered to help in this pandemic to do shopping, get medicine, ring around to find out about each other's well being , or in any other form.

Lock down is still on and lots of our members will have received the first dose of vaccination and others will soon receive it do take it. Even after receiving this vaccination still follow the government's safety guidelines keep distance ware mask and wash hands.

Lots of on line programmes are done by OAUk watch them and I would like to thank Jayeshbhai and the whole team for their services.

In our East Area yoga is on Sundays 8am to 9.30 am and on week days when Bhartiben is free does between 7.30 am and 8.30am. Those who participates really enjoys it. Join in if you can.

From 22nd February 2021 we will start Monday Club every Monday 11am to 1pm, first hour will be exercise and than satsang or vachan etc join in.

Oshwal News will be out soon. There will be hard copy and also digital one. Those of you who would prefer it to receive in digital form than let the office know so the printing and postage will be saved.

My committee and myself wish you all good health and stay safe.

Jai Jinendra and Jai Mahavir

Kishore Lalji Haria

East Area Chair and a Trustee

EAST AREA DONATION TO THE WANDERERS HAVEN ANIMAL SANCTUARY



Wanderers Haven Animal Sanctuary is a place where they rescue animals and also find home for the stray dogs or cats. They will rescue cats, dogs, and many other animals which have lost their home and are loitering on the streets. Truly we as a human being would not know if we see a cat or dog on the street is a pet or homeless. If someone rings the Wanderers Haven that they have found a dog or cat which does not belong to them and is repeatedly coming to them, then they will come and pick them up and will look after the animal. Also a lot of them come across accidents and this is where they are the first to come in rescue and to take care.

Today 16th Feb 2021, Tuesday and on "Vasant Panchmi" day East Area donated £ 500.00 to this sanctuary and they were very pleased to receive our donation, and also were very thankful for this kind gesture from the Oshwal Association. Due to the lockdown we could not take any other committee members and it was Bhartiben and me who went to present the cheque. Also we presented a cheque for £ 250 to Redbridge Food Bank and this organisation gives food and any other needs to homeless and poor families. They are doing a great job and our donation will be used whenever they are in need to buy anything. The cheque was presented by Kishorebhai and Ashvinbhai.

Report by Babulal Devji Shah



મંગળવાર તારિક ૧૬ મી ફેબ્રુઆરી અને વસંત પંચમી: ના દિવસે ઇસ્ટ એરિયા એ પાઉન્ડ ૫૦૦ ની રકમ એક સંસ્થાને આપેલ અને તેનું નામ વન્ડરર્સ હેવન એનિમલ સેચુરી છે. અહીં તેવો જે પ્રાણી ધરબાર વગરના અથવા જે પ્રાણીનું એકસિડેન્ટ થયું હોઈ તેમને લાવીને તેમની ખુબજ કાળજી પૂર્વક સારવાર કરે છે. મૂંગા પ્રાણીને સુ થતુ હશે તેનો આપણે કેવી રીતના અનુમાન કરી શકીએ પણ તેવો તેમની સારવાર કરે છે. તેવો ને આ બધા કામ કરવા માટે પૈસાની કાયમ જરૂરિયાત રહે છે. આપણે જે જીવ દયા માટે પાર્થના કરીએ છીએ તે કામ આ સંસ્થા કરે છે.

આજની આ લોકદાવન ની પરિસ્થીને ધ્યાન માં રાખીને આજે ભારતીબેન તથા હું આ ચેક આ સંસ્થાને આપવા ગયા હતા અને તેવોએ આપણી સંસ્થાનો ખુબજ અંતરના ભાવથી આભાર માને છે.

બીજું ડોનેશન £ ૨૫૦ નું રેડબ્રીજ ફૂડ બેન્કને આપેલ અને અહીં જે ધરબાર વગરના હોઈ તેવોને ખુબજ સારી મદદ કરવામાં આવે છે. આ સંસ્થાને ચેક આપવામાં આવેલ અને તેવો જરૂરિયાત પ્રમાણે આ રકમનો વપરાશ કરશે. ચેક કિશોરભાઈ અને અસ્વીનભાઈ આપવા ગયા અને તેવોએ પણ આપણી સંસ્થાનો ખુબજ આભાર માન્યો છે.

રિપોર્ટ દેનાર બાબુલાલ દેવજી શાહ

LOCKDOWN IN EAST AREA



East Area is a small area with members enjoying the regular events held weekly and monthly and were suddenly saddened with the news of the lockdown. Yoga club run by Bhartiben had regular members taking part, Thursday Club run by Lalitaben was going strong for more than

17 years and the monthly programme was suddenly stopped for the regular members

In the lockdown, the committee monthly meetings have been held via office 365 from our homes. The religious meeting was held via Zoom and all the discussions for the virtual Paryusan were discussed. The media meeting with Ashishbhai and Sudhirbhai

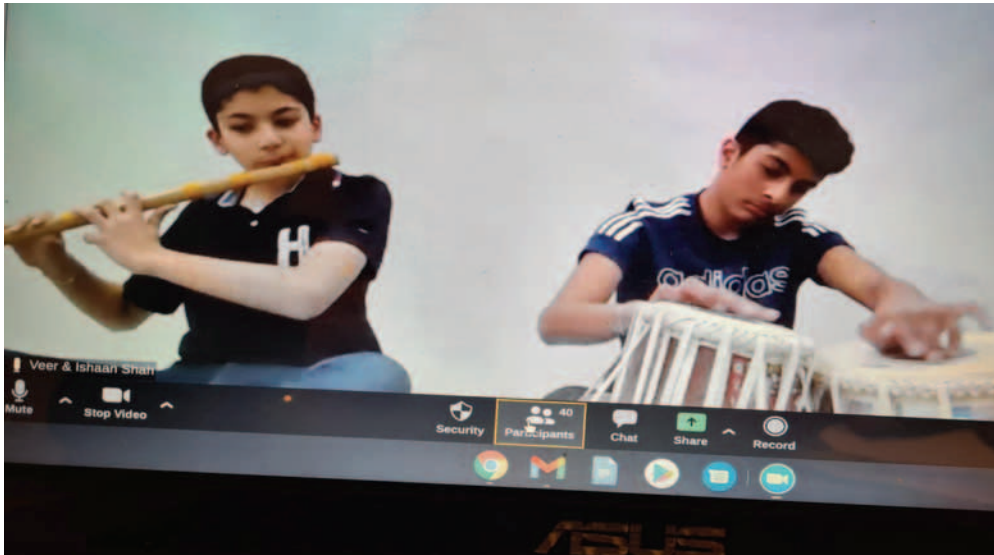
was also conducted. We have been so lucky in the lockdown that a lot of The Oshwal affairs has been carried out by virtual discussions.

It was very difficult for a lot of our elders who live on their own, as a committee we asked most of the elders in the area and found that someone was helping them to get their shopping and medicines. And they were all comfortable.

There was something we were accustomed to was the gatherings, sadadi, weddings, funerals and receptions. I think people will learn something from this lockdown and think twice not to do a big weddings, receptions etc.....Our first president Kishorebhai Bhimji Virani in his very early articles in the Oshwal News, in the '70s, has already warned that be careful and have fewer people at weddings and functions, and try to do the function in a simple way with your family so it does not become hard for the poorer families.. On his weekly visit to see my mum his advice was always to live a simple life and do events as simple as you can do.

Oshwal youngsters talent show was conducted on Zoom and in the under 12's had the winner as Ishaan Raju Shah (Grandson of Ranjanben Chanubhai Hirji Shah) And the 2nd runner-up was Ayushi Hinesn Shah, (Granddaughter of Pushpaben Ramniklal Shah) Both are pride of the East.

The media team had so many online programmes like Yoga, keep fit exercises, stretching, concerts, bhajans, star show, and religious lectures by Jayeshbhai. It was a great time all the members had and all because of



the hard work by the media team. Our thanks goes to Ashishbhai, Kaushikbhai and all the people behind the scene.

We had the collection for NSPCA during the last Paryushan and the amount collected was £248.50, and this has now been forwarded by cheque to NSPCA posted directly to their main office, due to the COVID. Also, the Thursday Club collected money for Jivdaya and the

two years collection amounted to £ 214.16 and now donated to the blind dogs, Many thanks to all those who have donated to this good cause. All the tanks go to all the donors who have in mind the animals who don't speak and are in need of help.

We all enjoyed the PARYUSHAN and DIWALI by virtual celebration and I think most of the members who took part enjoyed more than in the hall. Most of the members I spoke to on phone and from other areas mentioned that by virtual broadcast they learnt more on how to do pratikraman in a right way and also they learnt many sutras connected to the pratikraman which they had no knowledge of, for all this years past in their life. The way Jayeshbhai explained and the way rituals of pratikraman have helped a lot. Many thanks goes to Jayeshbhai, and also for giving our chairperson, Kishorebhai to say many rituals with him while doing the pratikraman.

Thanks to all who helped to broadcast the eight days of the paryushan in time and to our association to make it possible to celebrate paryushan in this Lockdown.

Bhartiben does yoga on Zoom under a private club, and most of the members who came to Tuesday yoga Club are benefiting from this. She does three to four classes a week and has helped a lot who have joined the classes.

SECOND LOCKDOWN.

Just a few days to Xmas and we saw the second lockdown. Now everyone never expected this and we all were looking to celebrate our christmas with our extended family or friends. Eventually the prime minister advised all to celebrate at your own place and everything was put at a halt. Businesses had to close and a lot of hardship to many of us. But our association was there to make sure that we all celebrate in the best way we can and by virtual arranged a few programs and we saw cooking demonstration,



competition for children, and concerts / songs for us all to be entertained.

We had a lot of things going on during this festive season and hope everyone had a good time and celebration.

On the New Years Eve East Areacelebrated a New Year's Get-together via Zoom and we had a good turnout for the event. There were 43 members who joined by



zoom and every household had two to three members so at least over 100 people took advantage. We had asked for members to prepare a song, jokes, bhajan, musical instrument etc to prepare and Ashwinbhai and Kishorebhai made a lot of effort and got 18 participants. Bhartiben Babubhai Shah hosted the event with the help of Babubhai and son Satyan. Many thanks to Satyan Shah for making sure everything went well.

Now about the event we started the evening with Navkarmantra by Rasikbhai Virpar Shah from his house. Everyone was very pleased to see the progress he has made

since his accident, and we all wish him a speedy recovery. Then Ayushi also chanted Navkarmantra, shanti and the manglik, Reyan played the dhol which was twice bigger than him. Issan played his flute and Veer played tabla, Kishorebhai came to give New Years Eve speech and talked about oshwal Centre and wished everyone happy New Year and wished everyone good health and be safe, to take care when going out shopping etc.

Below is the list of participants who took part and made this program a very successful evening and two hours went by so quickly. The names are as follows and many thanks to make the evening successful.

Narottambhai, Pragnaben, Lalitaben, Avniben, Milaben, Binaben, Kanchanben and Nitish, Pushpaben, Kirtidaben, Ranjanben, Chandubhai, Dinuben, Vasantiben, Manjulaben, Lataben, Ashwinbhai, Kishorebhai, Rameshbhai and Nandlalbhai took part and sang songs, bhajans, health talk and jokes. Hosted by Bharti Babulal Shah and Satyan Babulal Shah.

On the other hand we have lost so many of our loved ones and it was a sad christmas for many of us. I pass my condolences to everyone who has lost their dear and loved ones in this pandemic and pray that their soul rests in peace.

Altogether we lost five members from the East Area during this pandemic and all by natural death.

- 1) Khimiben Mulchand Mepa Harania (First Chairlady Mahila Mandal and committee)
- 2) Jethabhai Popat Gosrani (Regular member for every event held in East Area)
- 3) Kapoor Premchand Shah (Treasurer and a committee member)
- 4) Vasuben Mansukh Shah
- 5) Arunaben Ramesh Shah (committee member and chair lady Religious portfolio)

and our deepest condolences go to the family. We pray their souls rest in peace.

ઈસ્ટ એરિયા માં લોકડાઉન નો સમય અને સમાચાર

માર્ચ ૨૦૨૦ માં કોરોના વાયરસ ચીન દેશ માં થી અહીં અને દુનિયા ભરમાં ફેલાનું અને લોકોની જાનનો ખતરો આવી ગયો. માણસો ખુબજ મૂંજાયા અને ચિંતા માં આવી ગયા. સરકારે લોકડાઉન લાવ્યા અને લોકોના ઘંઘા બંધ થઈ ગયા અને કામમાં પણ ફેરફાર થયા. માણસોની સફરો બંધ થયી અને સાથે જ મુસાફરી કરતા તે પણ બંધ થઈ. હોલીડે અને બીજા બધા કાર્ય બંધ થયા. મુશ્કેલીનો પાર ના રહ્યો.

ઈસ્ટ એરિયા માં ઓશવાળ ના કાર્યક્રમ બધા બંધ કરવામાં આવ્યા અને એમાં દૂરસદે કલબ, યોગા, અને માસિક કાર્ય બંધ કરવામાં આવેલ.

તે તથા બધી મુશ્કેલી નો સામનો કરીને આપણા સેન્ટરએ એક બીડો ઉઠાવીને ઝૂમ દ્વારા બધાને ભેગા કર્યા અને આપણા પૂર્વ પર્યુષણ, આંબેલ, દિવાળી અને આનેક બીજા કાર્યક્રમ કરીને ઓશવાળ ના મેમ્બરઓને લાભ આપ્યો. ઘન્ય છે કે આપણી મુખ્ય સમિતિ તેમ પ્રેસિડેન્ટ ના સહકારથી આ બધાનો આપણે લાભ લીધો. આસિસભાઈ તથા જયેશભાઈ નો સહયોગ મળ્યો અને આપણે આ બધા કાર્ય કરી ને આનો સોનેરો લાભ લીધો. સાથે બીજા બધા જેનો સહકાર મળ્યો તેવો દરેકનો ખુભ ખુભ આભાર.

ઈસ્ટ એરિયા માં ઓશવાળની સમિતિની મિટિંગ દર મહિને કરવામાં આવે છે, અને ભારતીબેન ઝૂમ ધ્વારા યોગા કરાવે છે. નવું વર્ષ નો કાર્યક્રમ વર્ષ પૂરો થયો ત્યારે રાખવામાં આવેલ અને ખુબજ સરસ રીતના યોજવામાં આવેલ. તેમાં ગીતો, ભજનો, જોક્સ અને મ્યુઝિક નો કાર્યક્રમ હતો. બાળકો માં રિયેન, ઈશાન અને વીર મ્યુઝિક ના ચંત્ર બજાવેલ. આયુષી એ નવકાર મંત્ર, શાંતિ અને માંગલિક બોલીને કાર્ય ની શરૂઆત કરેલ. ઈસ્ટ એરિયા ના ચેરમેન કિશોરભાઈ એ તેમનો સંદેશો આપેલ અને બધાને સાવધાન અને સુરક્ષીત રહેવાનું કહ્યું અને નવા વર્ષના અભિનંદન આપ્યા. ત્યારબાદ ભજનો, ગીતો અને જોક્સ સંભળાવમાં આવેલ અને કાર્યક્રમમાં ખુબજ આનંદ આવ્યો. ઘણા સમયે બધા એક બીજાને મળ્યા અને સમાચાર પૂછ્યા. બધાને નવા વર્ષના અભિનંદન અને ધ્યાન રાખીને રહેશો. બહાર જાવ ત્યારે માસ્ક પહેરજો.

રિપોર્ટ : બાબુ

BALANCE

consultancy

WILL DRAFTING AND LASTING POWERS OF ATTORNEY

Leave a legacy behind, not a mess.

Services provided by Balance Consultancy

- ✓ Estate Planning
- ✓ Will Drafting
- ✓ Lasting Powers of Attorney
- ✓ Trusts – by approved partners
- ✓ Probate – by approved partners
- ✓ Document / Will Storage
- ✓ Talks to community groups

**Evening & Weekend
appointments
available**

▪
**Gujarati spoken
fluently**

▪
**Home visits & Virtual
Meetings**

While we have good health we rarely think about what would happen if we lost our mental capacity or indeed became very ill. This is becoming more and more common as our lives become complex and longer. Would it not be great if at the time of your greatest need, you have loved and trusted ones taking decisions on your behalf safely and legally? You can do just that by taking out Lasting Powers of Attorney (LPA) to cover Health and/or Finance. They are both different LPAs but equally important. A vital document for the times we now live in. LPAs can only be set up while you have adequate mental capacity. LPAs are not just for the elderly but everyone over the age of 18. No one knows when an illness can strike. Invest in your peace of mind now.

Contact Balance Consultancy for further details.



Shandip Nathalal Shah ASWW, ACIB, MBA

Tel: **020 3837 0099** or Mob: **07780 690432**

Email: **shandip@balanceconsultancy.co.uk**

Web: **www.balanceconsultancy.co.uk**



'It's a Dead Cert, so plan for it'

Devonshire House, 582 Honeypot Lane, Stanmore, Middlesex HA7 1JS

T 020 3837 0099 • 07780 690432 E info@balanceconsultancy.co.uk W www.balanceconsultancy.co.uk

f [balanceconsultancy](https://www.facebook.com/balanceconsultancy) in [balance consultancy](https://www.linkedin.com/company/balance-consultancy)

Mr Ratilalbhai Vidhu Pethraj Shah



25th December 1934



27th January 2021

Born & lived in Nairobi for 39 years and in Arnos Grove, London, for last 47 years

Ratilalbhai was a lifelong achiever for himself, his family, his friends and community. He graduated at Sunderland in 1958 to become the 2nd Oshwal Pharmacist. He married Chandriben in 1959 and worked (and taught) at Nairobi Hospital and later joined ICI East Africa. Nileshe and Meera were born during the 1960s. The family came to UK in 1973. Ratilalbhai purchased a Pharmacy in Finsbury Park. Chandriben and Ratilalbhai set up Bounds Green Satsang Mandal. Ratilalbhai was also involved in early years of O.A.U.K.'s development and became President for 1982/83. Later he was North-East Area Chairman for many years, and joined the first O.A.U.K. Board of Advisors. He retired in 1996, but worked as a Locum Pharmacist for another 6-7 years. Ratilalbhai's health declined in the last 10 years, but he calmly concentrated on Meditation and Spiritual Study right until the end.

Om Shanti | Om Shanti | Om Shanti

" સૌ પ્રાણી આ સંસારના, સન્મિત્ર મુજ વહાલા હજો,
સદ્-ગુણમાં આનંદ માનુ, મિત્ર કે વૈરિ હજો,
દુઃખિયા પ્રતિ કરુણા અને, દુશ્મન પ્રતિ મધ્યસ્થતા,
શુભ ભાવના પ્રભુ ચાર આ, પામો હૃદયમાં સ્થિરતા "

અમારા વડીલ શ્રી રતીલાલભાઈ વિધુ બુધવાર તા: ૨૭-૦૧-૨૦૨૧ ના રોજે શાંતીથી અવસાન પામ્યા
અમારા પરિવાર ઉપર આવી પડેલ આ મહાન દુઃખમાં ભાગ લઈ આપના તરફથી શોક પ્રદર્શિત કરતો તેમજ
અશ્વાશન અને દીલાશોજી પાઠવતો સંદેશો મળેલ છે.

આપની હમદર્દિ તથા સહાનુભૂતિ બદલ અંતઃકરણ પૂર્વક આભારી છીએ
ઇશ્વર સદ્ગતના આત્માને પરમ શાંતી અર્પે એજ પ્રાર્થના

ૐ શાંતિ શાંતિ શાંતિ ૐ

ગ.સ્વ. જશોદાબેન મોહનલાલ વિધુ
ગ.સ્વ. ચંદ્રાબેન કચરાભાઈ નથુ
ગ.સ્વ. ચંદ્રીબેન રતીલાલ વિધુ
ગ.સ્વ. મુક્તાબેન શાંતીલાલ વિધુ
અ.સૌ. સુધાબેન દીનેશભાઈ વિધુ
નીલેશ રતીલાલ વિધુ
દિલીપ મોહનલાલ વિધુ

અ.સૌ. મીરા નીજેશ જયન્તિલાલ
નીજેશ જયન્તિલાલ વાઘજી
સરિતા નિલેશ તથા આન્યા નિલેશ
અ.સૌ. નીલમ હસ્મુખ કાન્તિલાલ
અ.સૌ. રશમી પંકજ યુનીલાલ
અ.સૌ. બીંદુ દિપક કુલચંદ લાલજી
અ.સૌ. દિપ્તી શીરીશ ભિખુભાઈ ગાંધી

Hansa Shah

21st April 1949 – 8th January 2021



Beloved wife of Ramesh Chhaganlal Vershi Shah

Beloved mum to Nish

Daughter of Late Manekchand Kachra and Late Narbadaben Manekchand Shah

Daughter in law of Late Chhaganlal Vershi and Late Maniben Chhaganlal Shah

Sister to Suresh, Rasik, Kishore, Sanjay, Shobna, Late Usha and Mina

Sister in law to Keshu and Ranjan, Nirmala and Late Shashikant Malde, Rajni and Shushma, Sudha and Hasmukh, Mukesh and Rita

Sister in law to Sarla Suresh, Marie Rasik, Bharat Shobna, Anne Sanjay

Masi, Kaki, Mami and Faiba to many nephews and nieces.

Hansa Shah. A magical person who has touched not hundreds but thousands of hearts in her lifetime. An inspiration and blessing to all with her kind and loving nature and never-ending smile. A pillar of strength to her family, her friends, her community and to all who have had the honour of meeting her, being a part of her life and having the opportunity to love her and be loved by her.

Hansa joined the North East Area Sakhi Mandal Committee in 1991 and since then has dedicated herself to Oshwal in umpteen ways. An enthusiastic member of Sakhi Mandal for 30 years, a passionate Gujarati School Baal Mandir teacher for over 15 years where her love for children shone through always and is still remembered by the children she taught to this day and last, but by no means least, a motivated and exceptional North East Secretary and Office Bearer to this day.

Hansa's intense passion for arts and crafts, cooking as well as music was apparent every day. Never sitting without having something to do has meant there are numerous arts handcrafted by Hansa and many recipes recorded, cooked and given the seal of delicious approval by family and friends.

Hansa's fun and playful nature shone through daily, twenty-four hours a day whether she is messing around at home, with her friends or even when travelling home and abroad to try out new cultures, cuisines, traditions and ever expanding her knowledge of the world.

Hansa is truly one in a trillion, there is no other human out there like her and there never will be. The Earth has been blessed by the presence of Hansa and the World has been lucky to have Hansa.

Hansa Shah - Loved For An Eternity, Missed For An Eternity

x X x

Advertising - Oshwal News

Advertising Rates 2021

Front Cover (inside full page only) £500.00
Back Cover (outside - full page only) £550.00
Back Cover (inside – full page only) £500.00
Next to the President's message (full page) £450.00
The above slots need to be booked in advance
& they will be offered on a rotation basis

*Thank you to all of
our advertisers*



Poonam Shah
Advertising Executive
for Oshwal News

Tel: 07912038920

poonam.c.shah@oshwal.org

Inside Pages

Full page £400.00
Side-by-Side Adverts - 2 x full pages 20% extra to be added
Half Page £250.00
Quarter Page £200.00
Classified / Small business advert approx. 9 x 6 cm £61.00

Free announcements in Oshwal News

Weddings, Births, Anniversaries, Retirement, Special Awards etc..

Please send me a brief write up and your picture

Special Offer - Regular Advertisers get a 10%

On the above rates if you book 3 x consecutive adverts

Prices are subject to change if the printing or postage costs increase

Please send your adverts to:

Poonam.c.shah@oshwal.org

For enquiries please call Poonam Shah on 07912038920

For Sending Articles, Pictures, Reports and Adverts in for OSHWAL NEWS Magazine – please follow these guides:

1. Please send all pictures for publication as **high quality .jpeg images** with a minimum resolution of 2180 pixels wide (height may vary depending on your picture shape).
2. Full or half-page adverts that run over the page edges should include a 3mm bleed all around, i.e. for an 210mm x 297mm A4 page the advert size should be 216mm x 303mm inc. bleed. Text should be at least 15mm within the A4 page margins.
2. Articles must be clearly written and checked for spelling and grammar.
3. All articles and material that we publish has to be approved by the Publishing Committee and the Editor.
4. All **adverts** should be sent to poonam.c.shah@oshwal.org

For any queries or questions please contact Sudhir Meghji Shah
at email sudhir.m.shah@oshwal.org or telephone 07785 710914.

General Information

We would always encourage all Oshwals and Oshwal Members to always first consider hiring our venues at Oshwal Centre (Northaw), Oshwal Mahajanwadi (Croydon), Oshwal Ekta Centre (Kingsbury), Oshwal Shakti Centre (Hounslow). By hiring these Oshwal venues you will be supporting your community. All funds raised are for the benefit of the Oshwal Association of the UK

Weddings, Birthday and Anniversary Parties, Meetings, Sadadi, etc,

Please phone or email the administrators at any of the offices with regard to availability and charges.

OSHWAL CENTRE (Northaw)

Coopers Lane Road
Northaw
Hertfordshire EN6 4DG

Tel: 01707 643838
Info line 01707 661066
Email: admin@oshwal.org
Website: www.oshwal.co.uk

OSHWAL MAHAJANWADI (Croydon)

OSHWAL EKTA CENTRE (Kingsbury)

366A Stag Lane
Kingsbury
NW9 9AA

Tel: 020 8206 1141
Email: ekta@oauk-nw.org

OSHWAL SHAKTI CENTRE (Hounslow)

Inwood Road
Hounslow
Middlesex, TW3 1UX

Tel: 020 3441 1020
Email: shakticentre@oshwal.org

Marriage Registration

Oshwal Centre & Oshwal Mahajanwadi are registered buildings for the solemnisation of marriage. Registration of a marriage at both venues will be part of a religious ceremony i.e. it will take place during and within the Jain / Hindu religious marriage ceremony. Oshwal Ekta Centre is registered for civil marriages thus religious ceremony is not needed. For further information please phone the administrators.

Sadadi Messages

If you would like to find out when and where any Sadadi are being held in respect of any deceased Oshwal, please call the information line on for further details.

All sadadi messages received will be placed on the website at www.oshwal.co.uk and also on the message line up to 4 days in advance only of the sadadi date. We request that all messages are kept very short & to the point. The reason is to avoid the engaged tone on the telephone line. Our admin staff will try to accommodate as much as they can but they will have a limitation on the length of the message. We wish to respect everyone wishes at such sad times for the family and request everyone for their kind cooperation in advance.

Obituary / Shraddhanjali Messages

The rate for inserting an Obituary I Shraddhanjali message in Oshwal News is £150.00 per page per issue.

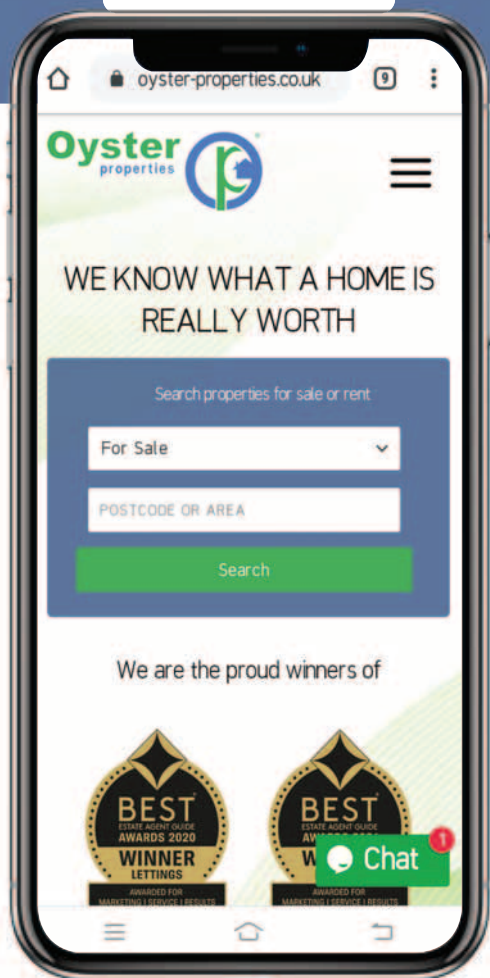
Please ensure that wherever possible a passport sized photograph (preferably in black and white) is enclosed with the message which also should be **written out very clearly and neatly**. Please enclose your cheque and SAE for the return of any photos. Please note that it will not be possible to entertain any requests for proofs of these messages prior to printing.





THANK YOU

for your positive reviews!



We are proud to have

550+ **4.75** **100+**
Google ★★★★★ facebook
reviews reviews

And that is our greatest
motivation to serve you better.

oysterproperties.co.uk

With branches in **Arnos Grove** and **Stanmore**,
we cover all of **North** and **North West London**



Scan the code
to visit our website



Call : **0208 9515558**

SALES • LETTINGS • PROPERTY MANAGEMENT